

10

years
**OF MEMORABLE
EXPERIENCES**

Annual
Report
2017



Fundación
Recover

Hospitales
para África





The place
where we
are born
should not
determine
our health

10

years
OF MEMORABLE
EXPERIENCES
Annual
Report
2017

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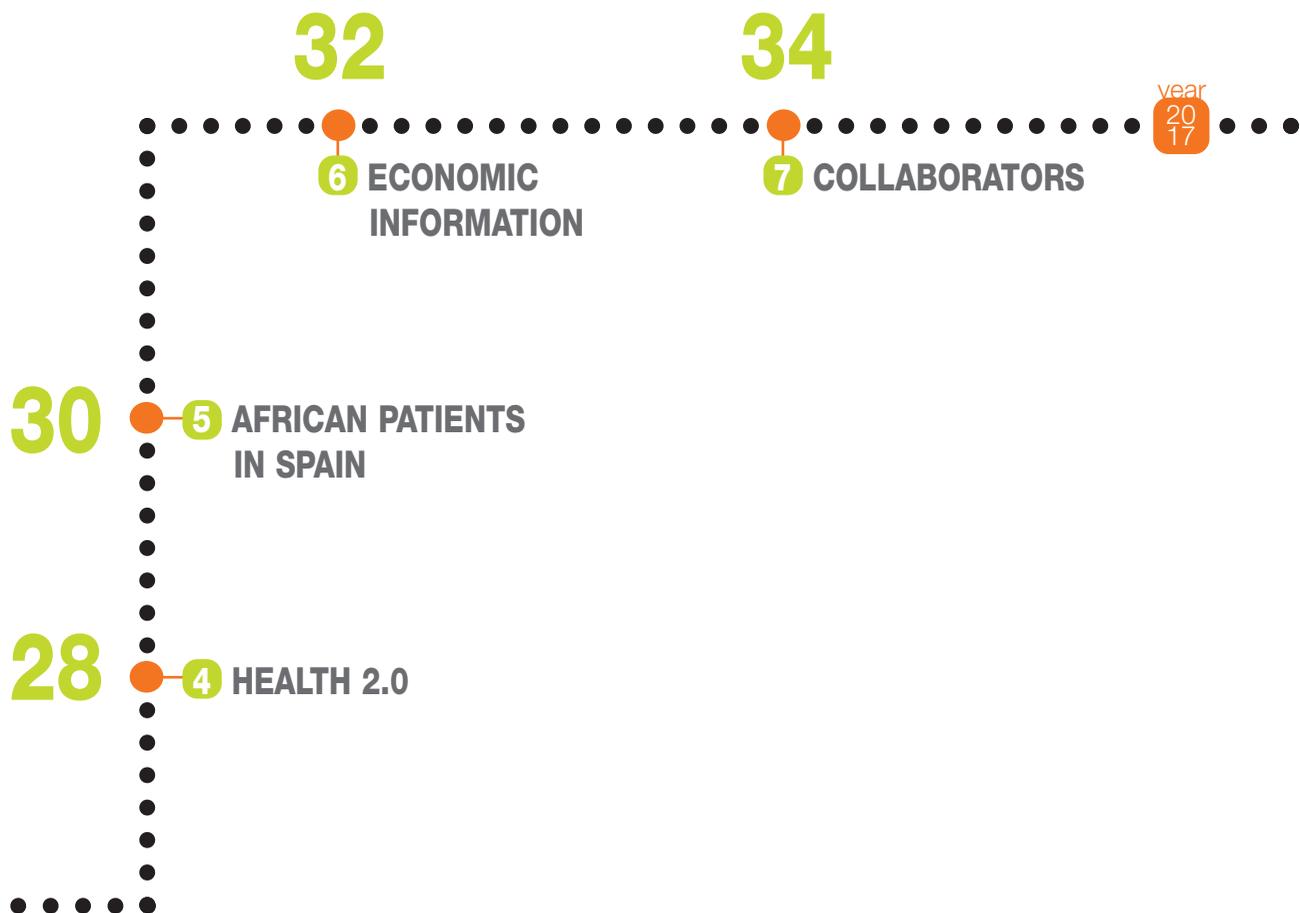
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First 10 years of travelling together

Dear Friends,

It is our pleasure to once again present our annual report to you. Unlike any other, this report commemorates our **first 10 years of travelling together**, with the shared enthusiasm and hope of making quality medical care accessible everywhere we work.

2017 marked our 10th anniversary, and we have wanted to celebrate with all of you who have made this possible: thank you to the more than **700 volunteers** who have dedicated their time and skills so generously; the more than **1,000 members** who, by renewing their trust each year in Recover, allow us to carry out these projects; and the more than **60 organizations** that have contributed their resources

–human, financial, and goods– that give our beneficiaries more opportunities.

Thanks to all of you, this year the **Centre Médical Christ Roi d'Obout** has received an exceptional boost in support, allowing it to further elevate the standard of care it provides to over 5,000 patients per year. A brand-new operating room, expansions of the laboratory and maternity ward, a consulting area, new pavement, a cafeteria, security booth, and laundry... all of this has been made possible by this year's fundraising events, including races, a benefit concert, and Christmas markets.

In addition, we have opened up to new horizons, such as the Monaco Medical

Letter from the Board

Center in Bouafle, **Ivory Coast**, and Kpakpame Medical Center in **Benin**. This is where we plan to concentrate our efforts in 2018, thereby growing the **Recover Network** from its 6 current hospitals: San Martin de Porres –our first project and where we just completed 10 years– Djunang, Sangmelima, Bikop, Obout, and Kribi in Cameroon.

Moreover, 2017 has been a year of change and external recognition for our telemedicine program **Health 2.0**; of change because it marks the end of Medting, the platform we have used since the beginning, and of recognition due to the receipt of such awards as SaluDigital, DKV and the Spanish Foundation Association. This program clearly has a great future, which is why we and our volunteers continue cultivating it. This initiative is complemented by the **Patient Program**, which in 2017 allowed 14 new patients to travel to Spain in order to receive treatment. Many thanks to the commitment of the participating medical centers and

volunteers for recovering their health, and to the patients escorts for keeping up the patients' spirits during difficult moments.

From the Board of Members of Fundación Recover, Hospitales para África, we invite you to explore, within these pages, our activities and projects, as well as the continuing evolution of our programs. Above all, we want to highlight the determination of everyone working in Africa so that its people can receive better medical care, despite the difficulties they face on a daily basis.

Together we make these pages possible.

To everyone, thank you.

**Board of Members of Fundación Recover
Hospitales para África**



© Silvia Cachafeiro

A broad network



African patients with the staff of Recover in Madrid.

WHO WE ARE

Our team, made up of 9 employees, is supported by an extensive network of volunteers who make our work possible.



Volunteers at the charity market in Madrid, December 2017.



Volunteers at the race in Majadahonda, December 2017. Photo: Luis Matera - EFTI.

Our Mission, Vision and Values

BATTLES IN SEARCH OF AN END TO THE WAR

Not all wars are bloody armed battles. In sub-Saharan Africa, a diverse, seemingly-peaceful region, the battles are waged against scarce resources, a lack of money, illnesses, and low life expectancy.

We believe that everyone has the right to quality, accessible and sustainable health



Hospitals for Africa

Health and management development of non-profit hospitals.



Health 2.0

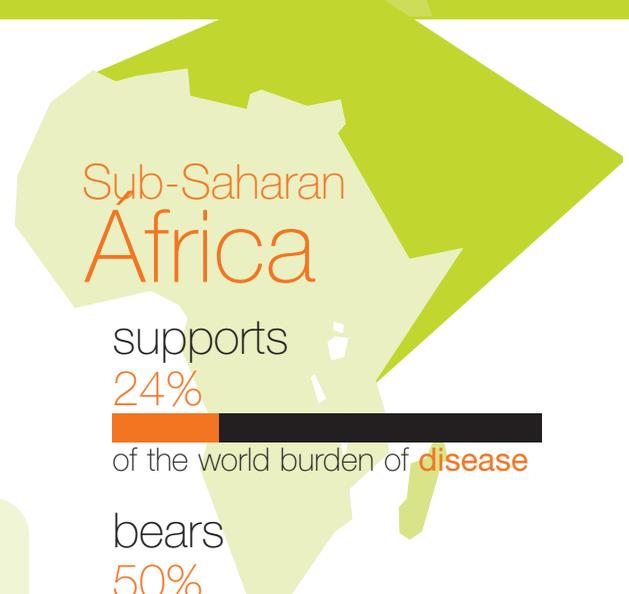
Scientific social network that puts African professionals in touch with Spanish volunteers.



Patients Recover

Health for those people who cannot be cured in their countries.

Our work, which is only possible thanks to all of Recover's collaborators, has been recognized with numerous awards throughout the last 10 years:



supports

24%

of the world burden of **disease**

bears

50%

of neonatal **mortality**

has

3%

of sanitary **workers**

receives

1%

of global **funding**





© Silvia Cachafeiro

A decade of work

A VERY SPECIAL CELEBRATION

These last ten years of intense work have only been possible thanks to all those people by our side each day. To celebrate a decade of working together towards better healthcare, in 2017 we held a series of events which allowed us to share great experiences with our collaborators:

- **JANUARY.** 10th anniversary celebration kick-off.
- **FEBRUARY.** Research trip to Benin.
- **MARCH.** Participation in the 20th National Congress of Hospitals and Health Management.
- **APRIL.** Anti-malaria campaign.
- **MAY.** Conference: International Cooperation into Cardiovascular Disease.
- **JUNE.** Charity race: 100 Km for Africa.
- **JULY.** Launch of the new website.
- **SEPTEMBER.** Trip to Cameroon and arrival of 3,500 kilograms of medication to EDISA.
- **OCTOBER.** Research trip to the Ivory Coast.
- **NOVEMBER.** Voluntary training of 40 neurologists in Cameroon.
- **DECEMBER.** Charity Christmas markets.

- More than 1,000 Members
- More than 700 Volunteers
- More than 60 Collaborating Organizations



Volunteers at the neurology training. Cameroon, December 2017.

10th Anniversary

“2018 marks 4 years since we began collaborating with Fundación Recover, to which we provide various communication services.

We know that the entire Recover team is working tirelessly towards sustainable and better healthcare in Africa, and Deva Financial Communications hopes to be able to continue supporting them in this very special project.

We would also like to take this opportunity to congratulate them for all they have accomplished thus far.”



The DEVA Communication team in October, 2017.



CENTERS IN THE RECOVER NETWORK

2008

1 center

2017

6 centers in network

PATIENTS

80 consults/day

600.000 patients

HEALTH 2.0

0

30 hospitals

PATIENTS IN SPAIN

11

134

GRANTHOLDERS

7

70 people, with 113 grants

RECOVER NETWORK STAFF

17 doctors

600 medical professionals



2 of the winners receiving their award.
Photo: Manuela Sánchez Martín - EFTI.

THE “MUÉVETE POR RECOVER” AWARD AN AWARD WITH TWICE THE SOLIDARITY

On the occasion of our 10th anniversary, we launched the “Get Moving for Recover” award, recognizing the mobilization of those who follow through on some personal challenge for the benefit of Fundación Recover. The winners, Juan Rey, David García, and Aitor Ayerdi, together with runner-up Ana Padrón, donated the prize –a lunch for 2, courtesy of the restaurant La Giralda– towards patients that will be brought to Spain by Recover in 2018.



Victor Madera, president of Recover, welcoming Queen Sofia to the concert.
Photo: Ruber Internacional.

BENEFIT CONCERT ORGANIZED BY RUBER INTERNATIONAL HOSPITAL AND PRESIDED OVER BY QUEEN EMERITUS SOFÍA

On November 29th in Madrid’s National Music Auditorium, Ruber International Hospital organized a benefit concert featuring the extraordinary chamber orchestra Los Virtuosos de Moscú. Her Majesty Queen Sofía, a supporter of our cause, offered to lend her presence to the event.



A participant in the charity race
Photo: Luis Matera - EFTI.

STEPS OF SOLIDARITY A RACE WITH THOUSANDS OF WINNERS

About 600 athletes donated their time and ability to the Majadahonda Charity Race, a non-profit project organized by local neighborhood groups. All proceeds were allocated to About Medical Center and its 5,000 annual patients.



Visitors at the exhibition's inauguration in Madrid's Modashopping Center.
Photo: Borja Arnaiz.

PHOTOGRAPHY EXHIBITION

FROM SAN MARTÍN DE PORRES TO OABOUT, THROUGH THE EYES OF SILVIA CACHAFEIRO

In cooperation with Galician photographer and Recover volunteer Silvia Cachafeiro, we mounted the exhibition From San Martin de Porres to Obout: 10 Years of Recover. It documents our work thus far in Cameroon, from our inaugural hospital San Martin de Porres to our latest project in Obout, which still has a long way to go.

“My experience in Cameroon with Recover has been, at the very least, an excellent opportunity to try to grasp the very complex healthcare situation in this country. You arrive with a general idea of what you’re going to find, but it’s always fascinating to discover, day by day, all of the nuances involved in social relations, and by extension, also in healthcare relations.



I want to thank the staff for their warm welcome and patience with all of my questions, and Recover for the trust they placed in me to be the visual spokesperson of their courageous work in Cameroon.”

Silvia Cachafeiro • Photographer and Fundación Recover volunteer.

Silvia Cachafeiro taking pictures in the field. Photo: Chema Caballero.

With the photos taken by Cachafeiro, which illustrate our work on the following pages, we invite you to explore all of the projects we undertook in 2017.



© Silvia Cachafeiro

A network of opportunities since 2007

Not only has 2017 marked the 10th anniversary of Recover; it also represents a year of transformation. After a decade of intense work throughout various sub-Saharan countries, including the establishment of a stable management model in numerous Cameroonian hospitals, we are looking forward and crossing borders: a new stage has begun.

The Ivory Coast and Benin are an example of these initial steps, based upon our philosophy: to continue supporting those hospitals already functioning sustainably, while reserving our greatest efforts for new centers in new countries. This network of participating hospitals connects professionals from diverse specialties, centers, nations and continents. It is a network of collaboration, of support, of opportunities.

CENTRE HOSPITALIER DOMINICAIN SAINT MARTIN DE PORRES YAOUNDE CAMEROON AN EXAMPLE OF GROWTH AND SOCIAL CHANGE

Managed by Dominican nuns, this hospital underwent a change in direction in 2017, following the departure of Sister Cristina Antolín and the arrival of Sister Judith Moche. After 10 years of collaboration with Recover, our first hospital has become sustainable and self-sufficient, expanding its staff from 17 to 163 employees and growing its areas of specialization, a point with which we continue assisting.



“Up until now, in the rural areas of Cameroon, the norm is to see women taking their children to the doctor. However, in the capital Yaounde, young men are daring to break the tradition that relegates childcare to their mothers.”

Hospitals for Africa

“Having been lucky enough to witness the birth and growth of Fundación Recover since the first hospital, San Martín de Porres, I’ve been able to share in the excitement of each small accomplishment, each new hospital, each step forward, in this Africa that came to us so unexpectedly.

My mother, a lifelong believer in the work of NGOs, has instilled this value in me since childhood. When, as an adult, I was offered the opportunity to collaborate with Recover, I said yes immediately, unaware that I would be the first member and my mother the second! Without a doubt, what I like most about Fundación



Recover is the proximity, the ability to see tangible results, the visible improvement in one’s neighbor.”

Isabel Tornabell González • First member of Fundación Recover

“A lot has to do with this small social revolution, San Martin de Porres Hospital, which began its path 10 years ago and by now is a reference center for the country. This hospital, which stands where once was only jungle, has become a revitalizing motor for the neighborhood which has sprung up around it. San Martin de Porres wouldn’t be what it is without all of the support Recover has provided since the beginning. Indeed, the two could be considered inseparable.”

Chema Caballero • Writer, volunteer, and Africa expert



Cameroonian father taking their children to be examined at San Martin de Porres Hospital. Photo: [Silvia Cachafeiro](#).



SAINT MARTIN DE PORRES
YAOUNDE CAMEROON



SAN DOMINIQUE DE DJUNANG
CAMEROON



HOSPITAL DE MONAVEBE
SANGMELIMÁ CAMEROON

year
20
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year
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year
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year
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**CENTRE HOSPITALIER DOMINICAIN
SAINT MARTIN DE PORRES
YAOUNDE CAMEROON**
**45,433** patients**38,956** consultations**125** patients seen per day**6,477** patients hospitalized**53** beds**163** persons on staff
**HIV: AGAINST
THE STIGMA**
Financer: Fundación Barceló 

HIV is a widespread disease in Cameroon, and one of the greatest problems patients face is the stigma. Recover is committed to supporting this unit which, in addition to offering treatment and monitoring, provides mental health resources, health education, and a social integration program to patients.



Social integration program for HIV+ women: selling food near the hospital.
Photo: Silvia Cachafeiro.

**DIABETES: A
SILENT DISEASE**
Financer: Members and donors 

When we think of diseases in Africa, what springs to mind are malaria, tuberculosis, Ebola... we forget that there are other, silent illnesses that can also kill or greatly reduce one's quality of life. This is the case of diabetes, which affects more than half a million people in Cameroon. That's why Recover supports the Diabetic Unit of San Martin de Porres Hospital, which in 2017 treated 372 patients (an 80% increase over 2016.)



One of the patients of the hospital's diabetes counseling program Photo: Silvia Cachafeiro.

**CERVICAL CANCER:
PREVENTION IS
THE BEST CURE**
Financer: Members and donors 

According to the WHO, 68,000 women die from cervical cancer each year in Africa. Of these cases, 80% could have been prevented. In light of this fact, during 2017 we staged 3 cancer prevention campaigns - of the 278 women screened, 62 tested positive. Upon analyzing these figures, we decided that, in 2018, the campaigns would be expanded to other hospitals, in an attempt to continue facilitating cancer detection in time for the disease to be treated.



CENTRE MÉDICALISÉ CATHOLIQUE SAINT DOMINIQUE DE DJUNANG CAMEROON

A FINAL PUSH

“Djunang Hospital was an abandoned building until it was revitalized thanks to the efforts of Recover and its people. The hospital has done a 180-degree turn; it would be completely unrecognizable to anyone who knew it before.”

Miriam Zapeta • Sister of the Congregation of the Dominicas of the Anunciata, our counterpart that manages the hospital in Cameroon.



Having now become a self-sufficient hospital, it has boosted its activity in spite of various external problems, such as the deteriorated state of access roads.

BOOSTING THE CENTER'S POTENTIAL

Financer: Members and donors

2017 saw the completion of several facility betterment projects, aimed at pushing the hospital towards its full potential. Among these were humidity reparations, the construction of a new storage space and a laundry, wall repair and the installation of a raised security barrier, and finally, improved hospital access, aiding not only patient arrival but also the hygiene standards within.



PREVENTION THROUGH LOCAL RADIO

The center's partnership with Bafoussam's local diocesan radio, Vox eclesia, has boosted it greatly. Twice weekly, Djunang hospital staff are featured on the radio program Espace santé, addressing a range of health and prevention topics, as well as answering live calls from listeners. This program, which has been well-received by the community, has proven to be a great motivation for hospital staff.



Espace santé radio program, broadcast by Vox eclesia on Wednesdays and Sundays from 19 to 20h.

CENTRE MÉDICALISÉ CATHOLIQUE SAINT DOMINIQUE DE DJUNANG CAMEROON

year 2017

- 7,414 patients**
- 6,794 consultations**
- 22 patients seen per day**
- 620 patients hospitalized**
- 50 beds**
- 33 persons on staff**

A HOSPITAL ACCESSIBLE TO EVERYONE

Financer: Members and donors 

Like many of our collaborating hospitals, Djunang is committed to providing economic assistance to those with medical needs and limited financial resources.

Moreover, in 2017 runner and Recover volunteer Juan Rey completed the Barcelona Marathon in order to raise money for Rodrigue, a young man from Cameroon whose arm had to be amputated after a severe accident involving a traditional healer. Thanks to Juan Rey's contribution, Rodrigue was able to be fitted with a prosthesis, thereby improving his quality of life.



Rodrigue trying on his new prosthesis.

CENTRE DE SANTÉ DEVELOPPÉ AVEC MATERNITÉ DEMONAVEBE SANGMELIMÁ CAMEROON A HOSPITAL GETTING INTO SHAPE

“My goal as a volunteer physiotherapist was to assess both the hospital's usage of the machines acquired by Recover and technical development, as well as provide support to Rodrigue, the physiotherapist on staff. Although it's true that life there is not what we're used to in countries like Spain, it's not as poor or dangerous as many people think. The human warmth and kindness there are palpable. It's been the best experience of my life.”

María Láinez Martí • Physiotherapy volunteer at Monavebe Hospital in 2017



Monavebe Hospital, managed by Sangmelima Diocese and providing service to about 200,000 people, is operating at a strong pace. Our contributions in 2017 revolved around boosting its most recently-implemented services, organizing rural prevention campaigns, and subsidizing patient costs.

year
20
08



SAINT DOMINIQUE DE DJUNANG
CAMEROON

year
20
09



CENTRE DE SANTÉ DEVELOPPÉ AVEC MATERNITÉ
DE MONAVEBE SANGMELIMÁ CAMEROON

EQUIPPING THE FUTURE

Financer: Members and donors 

An emergency cart, a defibrillator monitor, an electric syringe, a nebulizer, a dressing cart... these are only some of the items that we've acquired to help the operating wing function as smoothly as possible. In addition, we've made improvements in the radiology ward, adding a computer and printer as well as air-conditioning, and installed general maintenance tools such as a signage system, electric dental chair, etc.



Nebulizer acquired by Recover for Monavebe Hospital.

RURAL CAMPAIGNS

Financer: Promofarma, Worldcoo and donors 

Our rural campaigns in 2017 included pregnancy monitoring and cervical cancer prevention, which were made possible by the support of Promofarma and its online donation platform Worldcoo.

A COMMUNICATION OF PREVENTION

Financer: Members and donors 

Throughout 2017, we organized several health awareness and education events in alignment with key dates (World Malaria Day, World AIDS Day, World Blood Donor Day), and further facilitated their execution with the acquisition of a megaphone and a canopy.



year
20
17

CENTRE DE SANTÉ DEVELOPPÉ AVEC MATERNITÉ DE MONAVEBE SANGMELIMÁ CAMEROON



7,860 patients



6,465 consultations



21 patients seen per day



1,395 patients hospitalized



24 beds



41 persons on staff

year
20
10



STOP MALARIA
CAMPAIGNS*

year
20
11



HÔPITAL GÉNÉRAL DE RÉFÉRENCE DE KANZENZE
DEMOCRATIC REPUBLIC OF CONGO

HEALTH CENTER BIKOP CAMERÚN

“Little by little the patients began to arrive, first those using motorbikes as a kind of taxi, and behind them those brave enough to walk, despite the rain and mud from the previous night. Upon being welcomed into the waiting room, and after taking off or cleaning their shoes, a friendly face introduces their data into a computer. Now, 3 months later, Bikop Health Center is computerized and they can breathe easier: not only can results be better analyzed, but there will be a copy saved in case rain or humidity erases their medical record, avoiding having to repeat any tests”.

Chus de la Fuente • Director of Fundación Recover



Bikop Health Center. Photo: Silvia Cachafeiro.

FIGHTING AGAINST THUNDERSTORMS

Financer: Members and donors



Due to the high frequency of electrical storms at the Bikop mission, we decided to ensure the safety of both people and equipment via the installation of a lightning conductor.

BELIEVING IN INNOVATION

In the heart of the Cameroonian jungle lies Bikop, one of the tropical villages considered brousse, covered in vegetation as far as the eye can see. Among the ebonies, baobabs, and ferns that color the landscapes a deep green, a small medical center is nestled. With more than 12,500 patients annually, the center is known for its

hospitality and bedside manner. Bikop is an African oasis of harmony and detail, where humanity prevails despite difficulties. These are only a few of the reasons why Fundación Recover has been collaborating with them for more than five years.

COMPUTERIZATION, AN INSTRUMENT OF CHANGE

Financer: Members and donors



This initiative is the product of a strategic collaboration with the Spanish NGO GNU Solidario, the creators of free hospital management software (GNU Health) that has been adopted by the University of the United Nations. On June 28th we launched this new system, with hopes of a fruitful future. With this move, we kick off a new era in Bikop, after which we'll move on to other medical centers, always hand-in-hand with GNU.

VOLUNTARY SMILES

In December of 2017, we executed a dentistry campaign with a team of field volunteers, who restored the smiles of more than 400 people in Cameroon.

“We attended people who would never have received treatment otherwise. They are tough and worn-out, but eternally grateful. It's incredible how much you receive in return.”

Emilio Martínez de la Llama • Dentistry volunteer in Bikop



FLAGSHIP PROJECT: CENTRE MÉDICAL CHRIST ROI D'ABOUT ABOUT CAMEROON

-  5,000 patients per year
-  1 doctor
-  2 nurses
-  1 laboratory technician
-  9 more employees



Medical center located in the southern jungle of Cameroon. Photo: Silvia Cachafeiro.

be taken advantage of by both the medical center and the adjoining school. Now, the children of About don't have to walk 15 kilometers in order to go to school, and they have access to medical campaigns that will allow them a safe and healthy future.



SOLIDARITY THAT CAN MOVE MOUNTAINS

Amount Donated in 2017:
125.295 euros

Thanks to the solidarity of our numerous supporters, in 2017 we were able to construct a building which now houses an operating wing, a laboratory, a staff room and two administrative offices, as well as a laundry and a kitchen. We've also built a canteen, a secure nighttime parking area, and a block of showers and toilets for patient use.

Additional contributions include an electric scalpel and operating table, paving of the access road in order to insulate it against heavy rain, and a minibus, which can



Some of the children in About who benefit from the minibus financed by Mutua Madrileña. Photo: Silvia Cachafeiro.

Contributors: Abac Capital, Fundación Roviralta, Fundación Barceló, Fundación ASMAR, Mutua Madrileña and all those who have participated in the 10th anniversary events.

year
20
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BIKOP HEALTH CENTER
CAMEROON

year
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CENTRE MÉDICAL CHRIST ROI
ABOUT CAMEROON

ENSEMBLE POUR UN DÉVELOPPEMENT INTEGRAL ET DES SOINS ACCESSIBLES

Financer: Members and donors +
Quirón Salud + Airfrance



3.5 TONS OF MEDICINE FOR CAMEROON

In 2017 we sent a shipment of 3,500 kilograms of medications to Cameroon with a clear objective: to offer more than 3 million people quality medicine at a price they can afford. This initiative was made possible thanks to a donation by Quirónsalud, with the invaluable assistance of Airfrance.

The 485 packages were sent to EDISA (Ensemble pour le Développement Intégral des Soins Accessibles), a cooperative that supplies medications to Cameroon's hospitals. This is just one way in which we are helping hospitals to offer valuable medication at a reasonable price, something to which 30% of the world's population still lacks access.

CENTRO DE SALUD INSOLÁFRICA KRIBI CAMEROON

Financer: Members and donors +
Sonrisas Viajeras



On November 6, 2017, the Insoláfrica Health Center opened its doors in Kribi, Cameroon. When Nuria and Jordi, founders of the NGO Insoláfrica, spoke of the situation in Kribi, we didn't hesitate in pooling efforts to amplify the results. We began working together in the

hospital and have continued this beautiful partnership ever since.

Recover has supported not only the hospital's rehabilitation, but also the computerization of its management system. Plus, in the near future it could become a sort of teaching hospital, in which the Kribi nursing school helps to train other professionals within the Recover Network. Our belief in local talent has been, since the beginning, one of our most crucial values.



"Thanks to Fundación Recover, Insoláfrica Health Center of Kribi in Cameroon is a reality. From all of us here, we'd like to sincerely thank them for their unconditional assistance and support. Fundación Recover firmly believes that everyone has the right to high-quality medical care, which is why they are working towards it in the sphere of international cooperation. It is a pleasure to collaborate with Fundación Recover, working together for universal healthcare."

The team of Insoláfrica Health Center



ENSEMBLE POUR UN DÉVELOPPEMENT INTEGRAL ET DES SOINS ACCESSIBLES CAMEROON

year
20
14

year
20
15



SPECIALIZED UNITS

year
20
16



COMPUTERIZATION OF HEALTH CARE SYSTEM

OUR ARRIVAL TO THE IVORY COAST

“My first volunteer experience with Fundación Recover was 9 years ago. Since that summer in 2009, I haven’t stopped participating. These projects have become a part of my life, making me grow as a person. Looking back, if I think about what moves me to continue supporting this charity - other than its personally transformative power - I see thousands of lives saved in hospitals, thousands of mothers who have safely given birth and thousands of children surviving malaria. Thanks to Fundación Recover for existing and for believing that universal healthcare is a right worth fighting for.”

Isabel Hernández López • Director of Fundación Sage in the south of Europe • Management volunteer in Bouaflé in 2017



CENTRE DE SANTÉ MONACO, BOUAFLÉ

Financer: Members and donors +
Securitas Direct  

An hour away from Yamoussoukro, the capital of the Ivory Coast, is Bouaflé, a city of about 90,000 residents.

Despite its population, it possesses only one small public hospital, offering very limited services.

Fundación Recover decided to throw our support behind the Centre de Santé Monaco, a dispensary in Bouaflé and one of our first projects in the country, where we are beginning to incorporate centers into our network through Health 2.0, the telemedicine program connecting Spanish and African doctors via the Internet.



Following the acquisition of an ECG machine and fetal doppler, the center has begun to offer prenatal monitoring, while carrying out rural prevention campaigns in local villages.

It is a hospital with great potential, demonstrating a sustained pace of patient growth –from 700 monthly consultations at the end of 2016 to 760 in 2017.

In light of this, in 2018 we aim to increase our support and continue contributing to maternal-child health in Bouaflé, with the goal of ensuring safe pregnancies and deliveries for both mothers and their future children.

year
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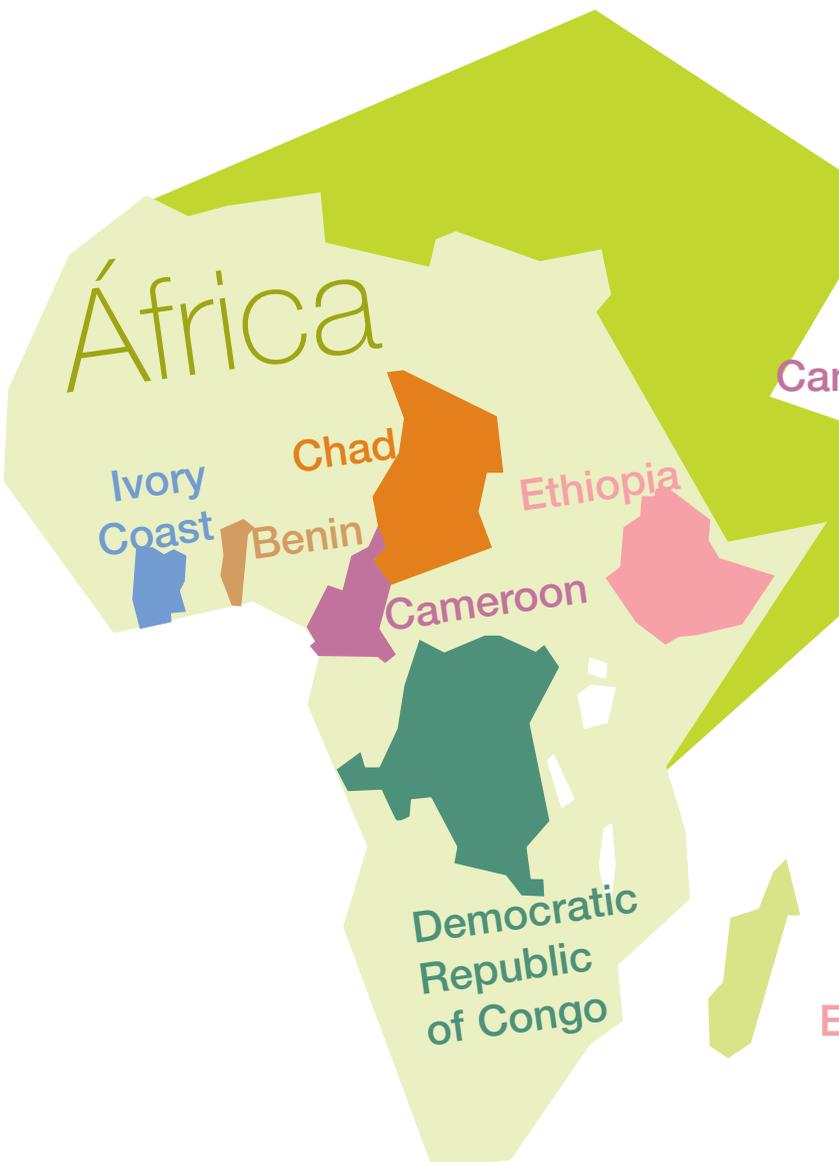
CENTRO DE SALUD INSOLÁFRICA
KRIBI CAMEROON

year
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A NEW BEGINNING IN
COTE D'IVOIRE AND BENIN

Other projects



PROJECT

Democratic
Republic
of Congo

Rehabilitation of a laundry room and a sterilization room

School pharmacy

Acquisition of a portable ECG machine and a biochemical device

Benin

Acquisition of an autoclave for the operating room

Provision of therapeutic milk for orphaned children

Acquisition of basic consulting equipment

Cameroon

Anti-malaria grants for children

Tension regulator for CD4 machine (HIV-UPEC service)

Chad

Supported the re-establishment of a medication storage facility

Strengthening of the Good Samaritan Hospital

Ivory
Coast

Laboratory equipment

Assistance in the acquisition of a portable ECG machine

Ethiopia

Assistance in the creation of a new neurosurgery unit at Adama Hospital

COUNTERPART

BENEFICIARY

FINANCER

Congregation of the Sisters of María's Purity	General Reference Hospital (Kanzenze)	
Santo Domingo Congregation	Madre Teresa Titos school complex (Kinshasa)	  McKinsey
Santo Domingo Congregation	Isiro medical complex	
Childhood Surgery Association	Hospital of Redeeming Love (Dangbo)	
Congregation of the Dominicas of the Anunciata	Kpakpame Medical Center	
Congregation of the Dominicas of the Anunciata	Kpakpame Medical Center	
Sisters of Jesús María	Jesús María School, Yaoundé	  McKinsey
Congregation of the Sisters of San José of Girona	Nkolondom Health Center (Yaoundé)	 Ad Qualitatem + donantes
Pala Diocese	Diocesan HIV/AIDS Center	  ASGE Venmark
Jesuits of the West African Province of the Company of Jesus	University Hospital Complex of the Good Samaritan	
Congregation of the Sisters of the Guardian Angel	Guardian Angel Socio-Health Center (Abidjan)	
Ivory Coast Association for University and Professional Training	Wale Health and Social Center (Yamoussoukro)	
Fundación Clavel	Adama General Hospital and Medical College (Addis Abeba)	

Financers:



Members and donors



Enterprises

TRAINING

This program began in 2008 with our first professional training grant. Since then, we have financed the studies of more than 70 African professionals, with a direct investment of 159,000 euros. But clearly, to this figure we must add the knowledge, materials and time invested by the medical professionals that contribute all their energy and efforts to training their African counterparts. Thanks to them, we estimate the overall investment in this program to exceed a value of over 300,000 euros.

Although the training was initially carried out in European hospitals, financing for training within Africa has increased in recent years. Our strategy is to increase the training offer in the beneficiaries' countries of origin (or a neighboring one), something which proves to be advantageous on several levels.

In the first place, the trainee does not have to travel a long distance, thereby reducing the impact on his personal and professional life. Plus, he or she can complete their course or internship in an environment better adapted to the socioeconomic and cultural realities of their country of origin.

Nevertheless, training in European universities is equally important. Not only does it raise awareness about the importance of international healthcare cooperation in Europe, but also lends an aspirational and motivational side, certainly not insignificant when dealing with training in prestigious European universities.



André Fouedjio, working at San Martín de Porres Hospital. Foto: *Silvia Cachafeiro*

Invested
funds
and grants

2008-2017

138,000 euros

Europe

87,000
euros

48
grants



Africa

51,000
euros

33
grants



“About a year ago, Fundación Recover gave me the chance to complete an internship in Spain in the field of pediatric anesthesia. I want to thank them for the vote of confidence, as the experience was very positive and I was able to learn a lot in this area. I’m proud to say that our attention to children in the

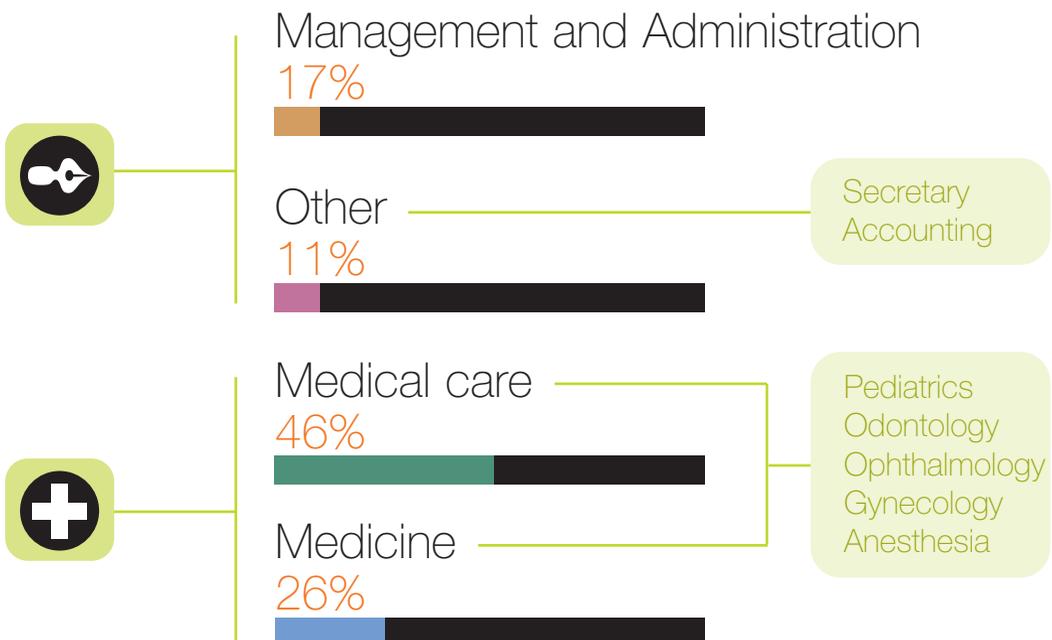


operating room has improved significantly since then. I hope that this type of course continues taking place, since they allow us to continue improving our performance towards a common interest. Once again, thanks to Fundación Recover.”

André Fouedjio • Doctor at San Martín de Porres Hospital, Cameroon • Fundación Recover training grantee, 2017

André Fouedjio giving a talk during his stay in Spain

Training areas





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A new stage

E-HEALTH, ALSO IN AFRICA

Having used the same platform since 2013, 2017 presented us with an unexpected and complex challenge: the end-of-year closure of Medting, the scientific social network connecting volunteer African and Spanish doctors via the Internet. Nevertheless, the positive results of this initiative, through which more than 1,000 cases have been solved, demonstrated that it must go forward. That's why we had to look for an alternative: a new platform, already in use, called Sparkspace, owned by the Company Divisa IT.

From all of us at Recover, we want to thank Rovi for its financial support and Medting for its invaluable cooperation, which have made the following results possible over the last four years:

- 30 connected hospitals throughout Africa
- 43 volunteer medical specialists in Spain + 91 in Africa
- 320 cases treated via the platform + 2,189 comments + 1,625 multimedia files
- 28 specialty groups/active pathologies

Behind this data is a group of outstanding professionals with the desire to change things, and a shared work system in which everyone, whether Spanish or African, benefits by having the chance to learn new things every day.

A JOURNEY OF NEURO-COOPERATION

In 2017, 7 volunteers traveled to Cameroon in order to conduct our first neurology training seminar. It consisted of 4 days of intensive training at Bennoît Menni mental health center, operated by the Hermanas Hospitalarias, and involved 54 participants throughout 21 different hospitals in Cameroon, 96% of them members of Health 2.0.

“The medical professionals responded admirably, much more formally than we'd be in Spain, and the Before and After questionnaires demonstrated a great change in the knowledge of almost all the subjects. Our idea is to make it go viral, that is, that we train a few people and they in turn train others, extending the chain as far as possible.

It may sound selfish, but when you travel as a volunteer, even though you are giving as much of yourself as possible –or perhaps because of it– the person who benefits the most is you, because the experiences you reap are amazing.”

David García Azorín • Neuro-cooperation volunteer



Cases' development
Health 2.0



Telemedicine Health 2.0

“In 2017, Fundación Recover was one of the recipients of the 4th annual DKV Medicine and Solidarity Awards, winning in the category of Digital Health Innovation for its extraordinary telemedicine program Health 2.0: Connecting African and Spanish professionals. It’s a project that, without a doubt, is perfectly aligned with our efforts towards achieving a healthier world. In 2018, Chus de la Fuente, the director of the foundation, will participate as a jury member in the 5th awards ceremony, and will surely contribute her experience and knowledge towards our selection of the best solidarity projects in the healthcare sector.”



Silvia Agulló • Director of Responsible Business and Reputation at Grupo DKV Foto: Laura Guerrero



Volunteers in neurology working in Cameroon.



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Universal healthcare

In 2017, 14 African patients were able to travel to Spain to seek treatment, thanks to the commitment of various Quirónsalud hospitals and doctors, as well as Medtronic, which provided the valves necessary for heart surgery. Since the launch of this program, 134 patients have been treated, including 23 minors.

1st INTERNATIONAL COOPERATION CONFERENCE FOR CARDIOVASCULAR DISEASES

On May 17, 2017, the first International Cooperation Conference for Cardiovascular Diseases, organized by the Spanish Society of Cardiothoracic Surgery and funded by Fundación Recover and Quirónsalud, took place. It was held at Fundación Jiménez Díaz University Hospital and offered an excellent opportunity for the foundation to inform the medical professionals in attendance about what is behind this program.

Country of origin		Patients
Benin	●	1
Burkina Faso	●●	71
Cameroon	●●●	50
DR Congo	●●	3
Ethiopia	●●	3
Guinea Bissau	●●	2
Equatorial Guinea	●●	1
Morocco	●●	1
Rwanda	●●	2

In addition to the medical staff, the volunteer escorts are crucial to this project, since they provide a huge amount of support to the patients, helping them through the difficult process of being so far from their family and friends.



Participants at the conference.

African patients in Spain

“Taking a walk through downtown Madrid, chatting over a beer or a coffee, giving a hug.... These gestures are so simple, yet so meaningful for the patients far away from their home, their culture and their family. Before returning home, one patient wrote me a few words which sum up perfectly how they feel and what we



Alban Vrignaud • Volunteer patient escort

can contribute: “I’ll never forget you! I was so scared, but when you began to escort me, I came back to life and everything has worked out perfectly.” Volunteering for Recover has been an enjoyable and enriching experience in my life.”

“I am 15 years old and attend Ouagadougou School, in Burkina Faso. Ever since I was young, my passion has been soccer, but my heart problem didn’t allow me to keep playing. This is the first time I’ve come to Spain, but it’s also the first time I’ve met people who want to help me for free. Now, the operation lets me do everything that kids my age do. Before, when my friends invited me to play soccer, I had to say no and could only watch. If they were arguing about soccer and I gave my opinion, they used to say, “What are you saying, you don’t even play sports!” Now not only can I play with them, but also learn and understand more things.”

San Abdel Razack • 2017 Recover Patient





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Revenues and expenses 2017*

- In 2017, revenue growth helped increase mission expenses and generate a surplus. This surplus allows us to offset some of the deficit of our last two projects.

Revenues
1,267,395
euros

- 100% of revenues come from corporate and donor contributions, of which 56% are recurrent funding that we receive every year.

- Of the total expenses of the missions, 55% went to the "Hospitals for Africa" program, 33% to the "African patients in Spain" program and 8% to the "Health 2.0" program. 4% remaining was intended for awareness actions.

Expenses
1,242,632
euros

2017
Surplus
24,763
euros

Economic Information





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Together we make it happen

Main collaborators



Collaborators and Acknowledgements

Other collaborations

Acción Verapaz	Indra
Asge Venmark	Inilab S.L.
Asociación Infancia y Cirugía en Dangbo	Institución Benéfica del Sagrado Corazón de Jesús
Balmaseda y de la Llama	Instituto Universitario Dexeus
Best Doctors	La Plataforma de la Construcción
CARDIOLINK	Leda Consultoría
Clínica y Formación Puche Lázaro	Lilly
COBB Española	McKinsey & Company
Colegio Oficial de Médicos de Madrid	Meditech Supplies
Deloitte	Mercé V. Electromedicina
Distiplas Floors	Nestlé
EFTI	Nyeleti
ESADE Business School	Openbank
Farmacéuticos sin Fronteras	Orange
Farmacia M ^a Paz G. Tenorio Balmaseda	Orona
Fenin	Paisajes Asturianos
Formación Grupo OTP (Premio Hospital Optimista)	Parroquia Santa María de Caná
Fremap	Proclinic
Fundación ASMAR Catalina Mercadal	Promofarma
Fundación Barraquer	PSYMA Iberica
Fundación Botín	Quilpro Cardio
Fundación Educativa Padre Coll	RS Medical
Fundación Nuria García	SAGE
Fundación Pelayo	Servicio de Salud del Principado de Asturias
Fundación Renta 4	Sonrisas Viajeras
Fundación Seres	Sun Party Real State
Getinge Spain	Technical Assistance Repair
GNU solidario	Universidad Autónoma de Madrid
Hermanidad de Donantes de Sangre de Toledo	Universidad Pontificia Comillas
Hiperion Hotel Group	Universidad Rey Juan Carlos
Iberext	

Groups of collaborators

To all the religious congregations that collaborate with us both in Africa and in Spain.

To all the centers and hospitals of the Quirónsalud Group, as well as to the Quirónsalud Foundation.

And to all the volunteers, partners and donors that make possible for Fundación Recover to continue working to offer quality health care to all the people in the countries of Africa where we are present.



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