

# LIFE PROJECTS

ANNUAL REPORT  
2018





**The place where  
we are born should not  
determine our health**

**This year, we ask you to read  
our back cover first.**

**Help us achieve the goal! Help us  
turn it into our next year's cover!**



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2018

# Life Projects

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# Letter from the board

## Dear Friends,

Along with our twelfth year of work comes our Annual Activity Report where we want to show you the projects that, thanks to your support and enthusiasm, were carried out in 2018. Without you, these words would not be possible. Once again, we want to thank not only our social base and volunteers, which already exceed 1,000 and 700 people respectively, but also the 60 collaborating organizations that accompany us in the quest for quality health and a future for all people in African countries in which we are present.

2018 was marked by a very special challenge: **“Maternity; a life project”**. Thanks to your efforts, we have been able to support the Maternity unit of Boauflé’s Medical Center (Ivory Coast). Now, becoming pregnant is cause for hope and not a risk due to a lack of adequate means and resources. With this project, we embarked upon Ivory Coast and Benin. New projects and collaborations also arose in Chad,

allowing us to broaden our horizons, beginning new journeys with our **Hospitals for Africa** program.

It has also been a special year for our **Patients' Program**. In December 13 new cases were brought up and with them, we reached the milestone of more than **150 lives**. This 150 figure is a small portion of the dozens of people who need an intervention that could not be accomplished in their country of origin.

Our **Telemedicine Health 2.0** program has also undergone changes. Its participants had to adapt to the new platform. This year, our collaborative scientific social network for the resolution of complex cases has seen more than 300 new cases.

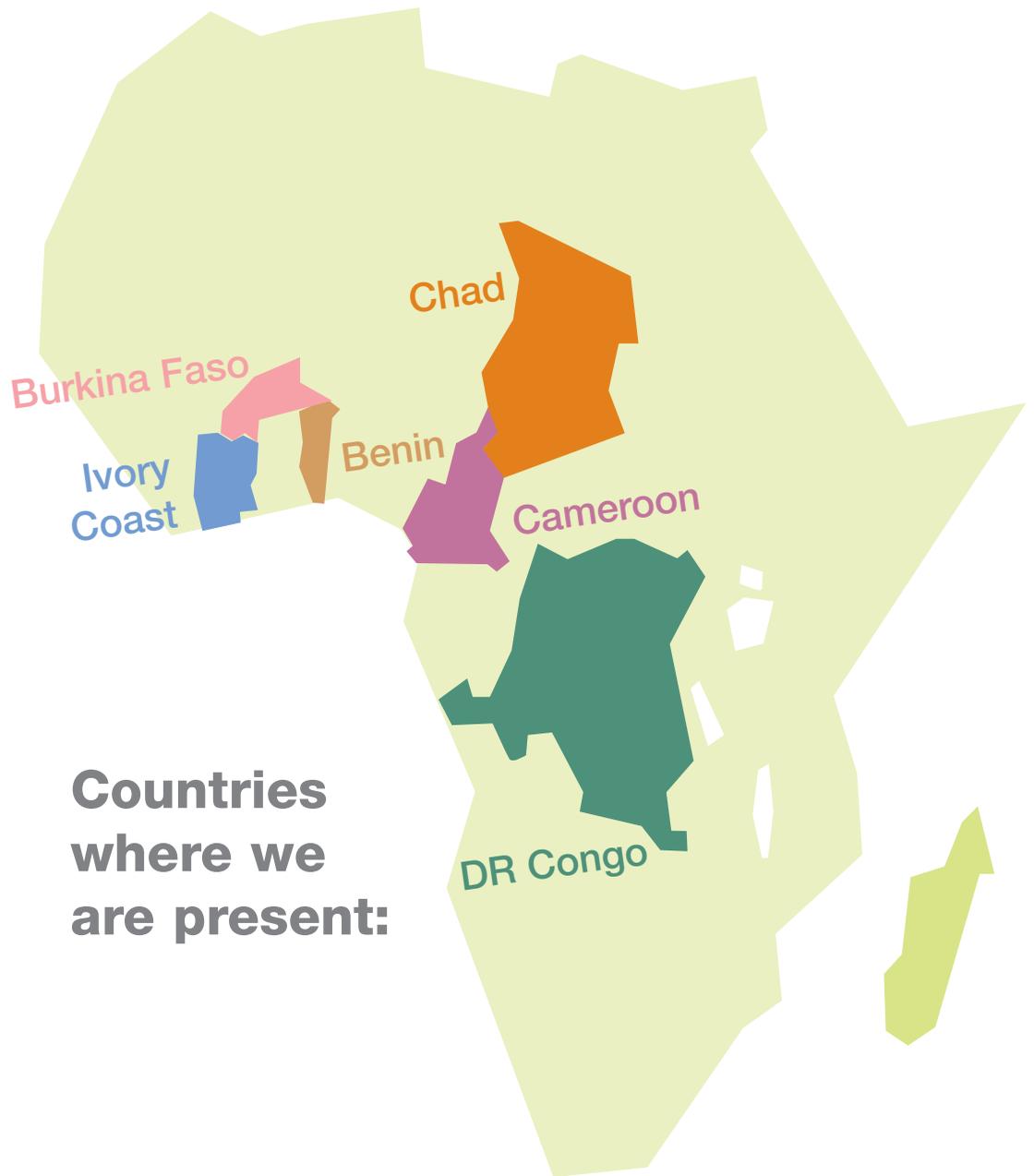
In addition, we wanted to boost our **Training Courses**. This is now an independent program in our line of action. 2019 sets our biggest challenge yet: **“Train people to transform lives”**, an initiative through which we hope to count on your support to provide African

professionals with the training they need.

We would like to mention that Cristina Antolín recently joined us in the Fundación Recover Board of Members. She has been a key person from the birth of this organization. We invite you to visit the following pages with eyes wide open, since it is you who made them possible. Last but not the least; we would like to thank the professionals who, in the field and in spite of the hardships, spare all their strength and effort to provide our patients of the centers in which we collaborate with quality medical attention.

**To all of you, to each and every one of you... thanks for making Fundación Recover possible.**

*Board of Members of Fundación Recover, Hospitales para África*



**Countries  
where we  
are present:**



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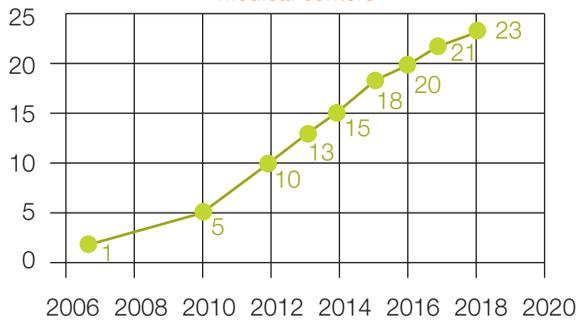
# Achievements

CHAPTER 1

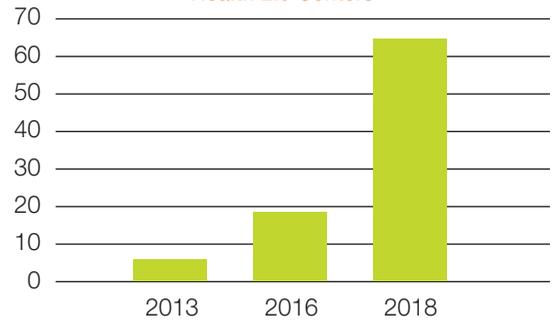
In 2018, our figures depict an increasing evolution over time showing a rise in the impact of the work accomplished.



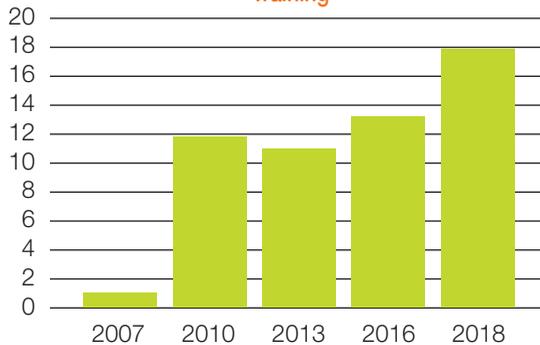
Medical centers



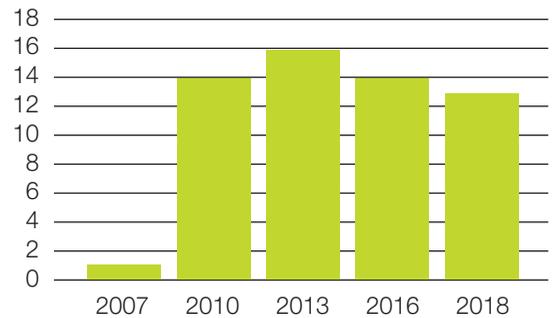
Health 2.0 Centers



Training



Evacuated patients



2018 awarded us with three prizes:

- Premio ABC
- Premio SEN
- Premio AEP

AWARDS 2017 - 2018





*Fundación Recover's Team, staff and volunteers  
in February, 2019.*



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# Our Mission, Vision and Values

## CHAPTER 2

### Who we are

Fundación Recover strives to work for a model of sustainable health in sub-Saharan African countries. For this reason, since 2007 we have supported the management and health development of non-profit hospitals in different African countries in order to offer dignified health care

that is in accordance with the basic needs of the population.

Fundación Recover's working model is based upon coordination with trusted nonprofit organizations (NGOs) which work in the field, offering social prices and zero tolerance for corruption. We are also committed to the professionalization of local teams.

Our team is made up of nine employees who work in our headquarters in Madrid (Moncloa); four other strategic personnel are located in different sub-Saharan African countries. We also have an extensive net of volunteers who make our work possible.



#### Hospitals for Africa

Health and management development of non-profit hospitals.



#### Telemedicine Health 2.0

Scientific collaborative social network which connects African health professionals with Spanish volunteer medical specialists in order to solve complex cases.



#### African Patients in Spain

Provides treatment in Spain to those African patients which need a treatment unable to be provided in their country of origin.



#### Training courses

Training of health and management professionals in different African and European countries.



*Patricia and Lola in one of our solidary fundraising markets.*



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# Fundación Recover's Team

CHAPTER 3

2018 has brought new people to us, offering new approaches and points of view.

Ms. Emilie Ngono, from Cameroon, has been appointed as local focal point in our regional office in Cameroon so that we are closer to the centers which we collaborate with and the direct beneficiaries in each health center. Her expertise helps us broaden our perspective on the issues and actions we conduct.

Along with Emilie in the field, both Miguel Molinero and Susana

Romao have been incorporated into our headquarters' staff in Madrid.

Susana has provided new inputs to the professionals' training program (both health and management). We understand that strengthening the capabilities of these professionals will provide a greater impact on the health of patient they attend to and the sustainability of the centers where they work.

Miguel has come to reinforce Fundación Recover's largest workload which is the Hospitals for Africa

program. He provides a steady continuity to this line of action.

Last but not least, we do not forget our net of volunteers and students in practice that bore a hand during this year: Jacinto Vidarte, Carla González, Candy Ebang, Iciar Echevarría, Lola Gómez, Kayla Dillon, Patricia Barriga, Marta Puicerverg, Pilar Barquín, Mario Lebrón, Natalia Sanz, Natalia Costa, Anna Arakelyan, Carmen Grande...

### Headquarters



**Chus de la Fuente**  
Director



**Javier Lasa**  
Head of  
Administration



**Nery Villalobos**  
Health 2.0 and  
Patients Program



**Borja Arnaiz**  
Fundraising  
& CSR



**Andrea Varela**  
Volunteering &  
Administration



**Miguel Molinero**  
Hospitals for  
Africa Program



**Katia Álvarez**  
Marketing &  
Communication



**Sonia Gallego**  
Fundraising  
& Members



**Susana Romao**  
Training  
Program

### In the field



**Emilie Ngono**  
Focal point  
in Cameroon



**Romeo Adjobi**  
Health 2.0 in  
Ivory Coast



**Marcelle Medou**  
Health 2.0  
in Cameroon



**Sibidibouga Lankoandé**  
Patients in  
Burkina Faso



Emilie with  
her son Emmanuel.



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# African Patients in Spain



Financers: Grupo Quirón Salud + Medtronic + Institución Benéfica Sagrado Corazón de Jesús

CHAPTER 4

## More than 150 lives recovered

During 2018, 13 patients from six different countries were surgically treated in five Spanish Grupo Quirón Salud hospitals. We reached a milestone of 150 treated cases via the Patients' program. Since the launch of the program in 2007, more than 150 people have had the opportunity to recover their health.

From 2016, cardiopathic patients with valvular pathologies have been benefited by Medtronic donated valves.

This year, the program has received patients from two new African countries and hospitals: the Good Samaritan Hospital in Chad and the Lady of Guadalupe Clinic in Sierra Leone.

During these 12 years, our patients from 11 different countries, each with their own challenges, have been treated. Every case has been treated as a whole, from processing the visa, with each countries complexity, but all with the same common denominator in mind: the desire to recover their health due to the lack of opportunities in their countries of origin.



**“For Medtronic, to be able to collaborate with Fundación Recover is to be able to help to alleviate pain, to reinstate the health and to extend the lives of many patients, most of them very young, who have no access to a high specialization surgery in their countries. We contribute to make sure their day-to-day life is the closest to our standards (in terms of health) and that is invaluable. We are happy to know that thanks to this project, they have a greater opportunity to live and enjoy their lives and it is our pleasure that Fundación Recover counts on us year after year. Thank you.”**



**María Vila, General Manager, Medtronic Spain and Portugal.**

## Volunteering accompaniment

Since 2007, more than 160 patient support volunteers have passed through our organization, and 10% still remain with us. These people are key to the program, because they support our patients and allow an easy the path to their recovery, providing a special and essential warmth in this program. In total, 1,440 hours per year are allocated to both the patients and the African professionals who come to Spain to receive training and that require

our assistance. This is Fundación Recover's most kindhearted facet.

## We support local training

It is not easy to suffer a very serious illness that needs surgery and have to travel to another continent, far away from one's family and friends. For this reason, we continue to support the training of local professionals, so that someday these people will not have to leave their country to regain their health.



# 150 lives recovered 2007-2018



## Country of origin and number of patients treated until 2018

Benin **1** Burkina Faso **78** Cameroon **57** Congo DR **2** Ethiopia **3** Guinea-Bissau **3** Equatorial Guinea **2**  
Morocco **2** Republic of Chad **1** Rwanda **1** Sierra Leone **1**



Yelkouhan and Issouf by Dr. Aldámiz.



“When you arrive, it is a little distressing because you do not know what is going to happen to you. In my country, everybody is afraid when they are going to be operated on. But after my surgery, it was clear and as I have always said, 'coming to Spain to heal is like a dream, a dream come true'.”

Issouf Sawadogo, Fundación Recover's patient number 150.



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# Training Courses



Financers: Partners and Donors + Fundación Renta 4 + AXA + Hospital General de Cataluña

CHAPTER 5

## A transversal program that gains strength

At Fundación Recover, we know that training has a multiplier effect. It not only changes the life of the person and reinforces their knowledge, but also the knowledge of their colleagues, who can learn from them. Above all, it changes the lives of thousands of patients who will see this training converted into quality health care, and thus they will have more and better opportunities. For this reason, we wanted to augment this program (already transversal to all the others) which now is an independent line of our activity.

During 2018, 89 professionals have benefited from this program through the 18 different training sessions. These sessions, whose total investment exceeds 16,000 euros, have been provided in 10 different places: four in Europe and six in Africa.



**“In 2018, I have been in Spain specializing in histology, and I have learned a lot about the different handling and coloring procedures.**



**It has been a good opportunity because thanks to this training, we can acquire knowledge that will help us in our work and allows us to increase the quality of service in our countries.”**

**Nazaire Yokouman,  
Chad laboratory technician  
earned a grant in 2018.**

## International Volunteering

Out of all the training strategies we run, International volunteering is one of the most effective. In 2018, in a total of eight trips to the field, 30 Spanish professionals of seven different areas were able to train 112 African professionals. They were able to conduct on the job training and assist more than 1,500 patients in different consultations and interventions in the centers with which we collaborate. The total investment valued more than 33,000 euros.

## Copartners

In order to obtain a sustainable and scalable development of the training program, it is necessary to associate with other organizations that are specialized in the field of training and education. For this reason, in 2018 we worked jointly with the Universidad Autónoma de Madrid (UAM), Ocularis, Surg For All...



**Number of Training Sessions**  
18 Training sessions



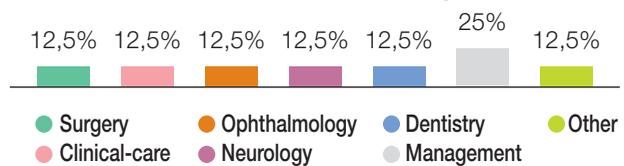
**Training Program Allocated Funds**  
16.553 euros



**Training Areas**



**International volunteering topics**



UAM's students during their volunteering in the field.



“Not all students have experience on the field, since they are very young people, and going with Fundación Recover to Cameroon has been a transformative experience. This is how we have evaluated the impact this experience has had on students. In this case, María and Alejandra told us that Fundación Recover has made an excellent accompaniment to any of their needs and, above all, to guide them to ensure that it could be a good learning experience.”

Silvia Arias, UAM's Solidary Actions and Cooperation office manager and responsible of the ODS Mobility program.





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# Hospitals For Africa

CHAPTER 6

## We consolidated our network while expanding our borders

In 2018, thanks to the consolidation of the Cameroon centers with which we have been collaborating for over 12 years, we have been able to expand our borders and embark upon Benin and Ivory Coast. We have also started to be present in Chad. Three new countries to begin new journeys.

In addition to the equipment and infrastructure projects that will benefit populations of these countries that otherwise could not have access to quality health, there are several milestones that mark this twelfth year of work. Among them are the first steps for Centre Hospitalier Dominicain Saint Martin de Porres to also become a school for the centers of the Fundación Recover Network in Cameroon. Another milestone is the development of the computerization pilot plan or the promotion of the Training program which, although it was transversal from our beginnings, now gains even more strength.

## CAMEROON

### Fundación Recover's Centers' Network

#### Cervical cancer prevention and treatment awareness campaign

The Hospital Saint Martin de Porres has been in charge of coordinating the cervical cancer prevention and treatment awareness campaign, playing the role of both hospital and school. Five other Fundación Recover's Centers have participated: Sangmélina, Djunang, Bikop, Obout and Kribi. They make up our Fundación Recover network. At the same time that this campaign was taking place, 10 sanitary professionals were trained: a laboratory technician and a doctor of each one of the five aforementioned centers.

The main objective of this campaign was to make women aware about the importance of periodical reviews. Moreover, and thanks to this initiative, a total of 1,225 women have been screened among the six centers. Out of these, 54

needed a biopsy in order to detect cancer cells. 13 women (20%) needed further treatment. Additionally, HIV tests were conducted on 824 women, revealing that more than 16% were HIV positive. They were moved to the active row of their respective hospitals, where they will benefit from the corresponding treatment. Given the success of the campaign, it will have its continuity in 2019.

### 1. Centre Hospitalier Dominicain Saint Martin de Porres (Yaoundé, Cameroon)

#### Initial steps towards a hospital - school

This center is managed by the Dominican Sisters of Granada. Fundación Recover has been collaborating with this hospital for 12 years already. Since it is already consolidated, we have proposed a new challenge: to turn it into a school-hospital.

## Cervical cancer



Financer: Fundación Axa de Todo Corazón and Fundación Repsol

This hospital has been in charge of coordinating the cervical cancer prevention and treatment awareness campaign. Thanks to this, a total of 290 women have been screened in this center. Out of these, 12 needed a biopsy and five conization (1.7%). Within the campaign HIV tests were also carried out on 130 women, out of whom one was HIV-positive (0.7%), going on to the active row of the Unité de Pris en Charge (UPEC by its initials in French) of that hospital.

## Specialized Diabetes unit



Financer: Fundación Accenture

On the other hand, we continue to support specialized units in the hospital to contribute to its sustainability. In 2018, the specialized diabetes unit has had an active line of 561 patients, which represents 50% more than in 2017 and reflects the great evolution that this unit has experienced over time.

## Specialized VIH/AIDS unit



Financer: Fundación Barceló

The specialized HIV/AIDS unit closed 2018 with an active line of 1,482 patients. One of the essential parts of this project is the prevention of HIV mother-to-child transmission. This effort is conducted by replacing breastfeeding with formula which reduces the prevalence of pediatric HIV and ensures the growth and good development of babies born to HIV-positive mothers.



### General data

Centre Hospitalier Dominicain Saint Martin de Porres (Yaoundé, Cameroon)



52.549 Consultations



183/ND Beds / hospitalized patients



167 Deliveries per Month (media)



1.482 VIH Unit Patients



147 Staff

## 2. Centre Médicalisé Catholique Saint Dominique (Djunang, Cameroon)

Managed by the Congregation of the Dominicans of the Annunciation, the hospital is consolidated and received in January 2018 the first prize for being the cleanest sanitary structure in Cameroon's western region, with a grade of 18.91/20. This grade reflects both the effort and the commitment of the counterpart. However, it still has to deal with external factors, such as the poor condition of the access roads or its location, since it is close to the English-speaking area of Cameroon which it is immersed in revolts.

## Cervical cancer



Financer: Fundación Axa de Todo Corazón and Fundación Repsol

This center has been one of the six participants in the cervical cancer prevention and treatment awareness campaign. Thanks to it, the Centre Médicalisé Catholique Saint Dominique de Djunang has screened 211 women, who have also had an HIV test. The results have shown a total of four positives, which represents 1.9% in HIV and 1 woman (0.4%) has required conization.

## HOSPITALS FOR AFRICA



1. Mother and child in one consultation in Cameroon.

2. Centre Hospitalier Dominicain Saint Martin de Porres (Yaoundé, Cameroon).

3. Diabetes unit staff in the Centre Hospitalier Dominicain Saint Martin de Porres.

4. Social Integration of VIH Positive Women.  
*Photo: Silvia Cachafeiro.*

5. Dr. Cusido assisted by Drs. Desirée and Soliva operating Justine in the Centre Médicalisé Catholique Saint Dominique (Djunang, Cameroon).

6. Centre Médicalisé Catholique Saint Dominique (Djunang, Cameroon).

## Equipment



Financers: Members and Donors

During the year 2018, we have funded this center with necessary equipment to better care their patients. Among other necessary materiel, we donated a surgical lamp and an electric scalpel.

## Surgical Campaign



Financer: Members and Donors + Hospital General de Cataluña

A Fundación Recover volunteer team, made up of seven health professionals from the Quirón Salud Group and a professional photographer travelled to Cameroon for two weeks in order to promote the surgical area of the hospital, meet the most needful surgeries and reinforce the training of local staff. In the 10-day campaign, they carried out 260

consultations and 92 operations while training some African professionals on the job.



### General data

**Centre Médicalisé Catholique Saint Dominique (Djunang, Cameroon)**



5.660 Consultations



50/676 Beds / hospitalized patients



10 Deliveries per Month (media)



ND VIH Unit Patients



32 Staff

## 3. Centre de Santé Développé avec Maternité de Monavebe (Sangmélina, Cameroon)

Managed by the Diocese of Sangmélina and the Congregation of the Immaculate Conception of Charity, the center is amply developed. For this reason, during the year 2018, although we have continued to support this hospital with various projects and campaigns, the resources allocated have been lower than other years.

### Cervical cancer



Financers: Fundación Axa de Todo Corazón and Fundación Repsol

Monavebe is another center that has conducted the cervical cancer prevention and treatment awareness campaign. 158 women participated in this hospital, out of which 44 have undergone HIV tests, with a result of three positives, that is, 6.8%. None of them needed conization. The low participation in the HIV test is due to the stigmatization that this disease generates in the people who suffer from it.



“In May, we carried out the first combined surgical and on the job training campaigns (including general surgery, gynecology and plastic surgery) at the Centre Médicalisé Catholique Saint Dominique in Djunang. It was a pleasant surprise to find such motivated doctors, which made possible the development of teamwork, giving additional meaning to what we understand as cooperation.

Despite the difficulties encountered, we were able to operate on a large number of patients and plant the seed of what in the near future will be a continuous project of campaigns of this type. On our behalf (mine and the team), I can only thank Fundación Recover and its Cameroonian counterpart for the experience and treatment received at all times.”

Carmen Higuera, volunteer and participant in the surgical campaign.

## Human Resources Consulting



Financers: Members and Donors

During nine weeks, a human resources consulting project was carried out in the center. Through it, a local external consultant conducted an analysis of the current situation of the hospital. This has resulted in the creation of a new and comprehensive procedural manual which includes all aspects of the hospital's management from stock to administrative organization. While conducting this task, the center's staff was trained on the new procedures in order to implement them in an effective manner.

## Awareness campaigns



Financers: Members and Donors + Orange

The hospital has also conducted different campaigns focusing on various topics, such as pregnant women, malaria or hygiene awareness and HIV screening in prison settings. These campaigns have been a success, so in 2019 we intend to continue supporting them, with new and interesting topics, such as typhoid fever, diarrheal diseases or iron deficiency in pregnant women and infants from 0 to 5 years.



### General data

Centre de Santé Développé avec Maternité de Monavebe (Sangmélima, Cameroon)



6.465 Consultations



28/916 Beds / hospitalized patients



22 Deliveries per Month (media)



233 VIH Unit Patients



25 Staff



1



2



3



4

1. Volunteers and Sanitary staff in Djunang.

2. Centre de Santé Développé avec Maternité de Monavebe (Sangmélima, Cameroon).

3. Human Resources area in Monavebe.

Photo: *Silvia Cachafeiro*

4. One of the lectures included in the awareness campaigns.

## 4. Centre Médical Christ Roi d'Obout (Obout, Cameroon)

This center is managed by the Santo Domingo Congregation and located in the south jungle of Cameroon. Fundación Recover began to support it from its very beginning and the rehabilitation concluded with its inauguration in 2014. In 2017, we collaborated to greatly boost the infrastructure level. During 2018 these efforts have continued in order to maximize its potential.

### Cervical cancer



Financers: Fundación Axa de Todo Corazón and Fundación Repsol

The Centre Médical Christ Roi d'Obout is another of the Fundación Recover's Centers' Network participating in the cervical cancer prevention and treatment campaign. Thanks to this, 85 women have been screened, out of which 63 have also taken an HIV test. The results have given a total of seven positives, which is more than 11% of the total. In addition, 4 of them (2.3%) have needed conization.

### HIV / AIDS Specialty Unit



Financers: Fundación Probitas + members and donors

In 2018, we supported the creation of the UPEC (Unité de Pris En Charge) for the care of HIV patients. The unit was arranged with a specific room and necessary equipment such as a CD4 device and an ELISA were provided. In addition, awareness campaigns and 600 free HIV tests have been carried out. We expect that three professionals, a nurse and two laboratory technicians, through stays in other hospitals of the Fundación Recover's Network will receive adequate training during 2019.

### Infrastructure and Equipment



Financers: Fundación Roviralta + Fundación Nuria García

During 2018, a rehabilitation project for the center's hospitalization and maternity module was approved, which will be concluded in 2019. Also, new equipment has been purchased, including pediatric resuscitation crib and laboratory equipment: autoclave, media of cultivation and additives, among others.



### General data

Centre Médical Christ Roi d'Obout (Obout, Cameroon)



4.560 Consultations



20/357 Beds / hospitalized patients



40 Deliveries per Month (media)



250 VIH Unit Patients



15 Staff



## 5. Centre de Santé Catholique de Bikop (Bikop, Cameroon)

After more than six years collaborating with this medical center, located in the southern jungle of Cameroon and managed by the Slaves of the Sacred Heart of Jesus, we continue to support its progress. For example, volunteer Dr. Emilio Martínez de la Llama and a voluntary team travel each year to Cameroon to conduct a dental campaign. This is financed thanks to the Parish of Santa María de Caná.



### General data

Centre de Santé Catholique de Bikop (Bikop, Cameroon)



12.957 Consultations



28/ND Beds / hospitalized patients



27 Deliveries per Month (media)



921 VIH Unit Patients



16 Staff

## Cervical cancer



Financers: Fundación Axa de Todo Corazón and Fundación Repsol

Bikop has also participated in the cervical cancer prevention and treatment awareness campaign. Thanks to this, 285 women have been screened, out of whom 187 have also taken an HIV test. The results have yielded a total of 101 positives, which is 54%. This center has been one of the most active and where the largest number of women has been assisted. While no conizations were needed, three hysterectomies were performed.



1. Medical Staff Centre Médical Christ Roi d'Obout in 2017.
2. VIH awareness campaign and free tests.
3. Hospitalization ward in Centre Médical Christ Roi d'Obout at present.
4. Centre de Santé Catholique de Bikop (Cameroon).

## Computerization



Financers: Members and Donors + Fundación Telefónica

This project started in September 2016 in collaboration with the NGO GNU Solidario. During 2018, the necessary modules were implemented in areas such as the patients' reception, the laboratory or the pharmacy. Nowadays, the management of the center is carried out through software called GNU Health. Despite the software being a success, the defective connectivity makes some updates very difficult. This is the reason why a volunteer group of the Fundación Telefónica helps us in order to find solutions.

## Electrification



Financer: Fundación Barceló

In mid-2018, the work to improve and ensure electrification was concluded. It consisted of the standardization of the electrical installation, so that a stable power supply could be guaranteed in the center and serve as reinforcement of the solar panels that provide uninterrupted service to certain laboratory elements which require constant cold. To achieve this, the low voltage general electrical panel was adapted and the electricity cables were hidden.

## 6. Centro de Salud Integral Insoláfrica (Kribi, Cameroon)

The center is managed by Insoláfrica, a Spanish NGO whose activity is based in the department of l'Océan, in the southern region of Cameroon. Our support from the beginning has consisted in the rehabilitation of the center; therefore, during 2018 no new projects have been started but we have continued supporting the construction and equipping of the health center.

### Cervical cancer



Financer: Fundación Axa de Todo Corazón + Fundación Repsol

Insoláfrica is the sixth health center that has participated in the cervical cancer prevention and treatment awareness campaign. It has screened 196 women, out of whom 189 have also taken an HIV test. The results have given a total of 19 positives, which is 10% of the total, and no woman needed conization.

### Power Generator



Financer: Members and Donors

The acquisition of a generator stands out, due to its importance and transcendence, and it will alleviate the consequences of the frequent power outages suffered by the center due to the area of Cameroon in which it is located.

## Computerization



Financer: Members and Donors + Fundación Telefónica

This project was launched in September 2016 in collaboration with the NGO GNU Solidario. During 2018 the necessary modules were implemented in areas such as the patients' reception, the laboratory or the pharmacy. This was a pilot scheme that was teamed with Bikop's Health Center. So far, no connectivity problems have arisen in this center. A volunteer group of the Fundación Telefónica has collaborated with this center's needs.



### General data

#### Centro de Salud Integral Insoláfrica (Kribi, Cameroon)



2.610 Consultations



3/18 Beds / hospitalized patients



5 Deliveries per Month (media)



ND VIH Unit Patients



10 Staff

## HOSPITALS FOR AFRICA



1 y 2. Computerized payment system and solar panels in Bikop's center.

3 y 4. Centro de Salud Integral Insoláfrica (Cameroon).

5. Computerized patients' reception area in Insoláfrica Health Center.



## IVORY COAST

### Centre de Santé Mónaco (Bouaflé, Ivory Coast)

Being a mother in Ivory Coast is not easy. In the 21st century, the maternal and infant mortality rate is 645 women and 3,660 newborns per 100,000 births. This is why in 2018 we set ourselves the goal of building a Maternity ward in the Centre de Santé Mónaco, a small dispensary in Bouaflé which has very limited resources and is managed by the Congregation of the Dominicans of the Annunciata.

For this cause, we launched the campaign named **“Maternity, a life project”**. The funds raised went to support a Maternity ward in Bouaflé, funding its infrastructures and equipment and providing specialized attention to all mothers, making pregnancy a joyful time and not a hazardous one due to a lack of available resources.



“From the Spanish Association of Pediatrics and, in particular, from its International Cooperation group, we have recognized the work of Fundación Recover granting them one of our 2018 Cooperation Grants. We are proud to have been able to collaborate with their project to improve maternal and child health in the District of Bouaflé, in Ivory Coast.”



Quique Bassat, AEP's International Cooperation Subgroup coordinator.

### Infrastructure and Equipment



Financer: Colegio Oficial de Médicos de A Coruña + Asociación Española de Pediatría + Members and Donors

Thanks to the support of our donors and members, it has been possible to fund the necessary equipment. Works have been carried out in order to renovate and redistribute the spaces. Due to this work, a Maternity ward has been built where both mothers and their newborns are able to receive a better medical attention and to live with intimacy during the special moment of childbirth.

### Rural Campaigns



Financer: Securitas Direct

Additionally, in 2018 some rural campaigns have been carried out. A traveling team consisting of two nurses and an assistant has been able to cover a basic sanitary service in locations where there are no clinics or health centers available. They detected diseases and referred patients as necessary to the corresponding centers. They reinforced the maternal and child health areas, with prenatal and pediatric consultations while sensitizing the population of those places.



#### General data

#### Centre de Santé Mónaco (Bouaflé, Ivory Coast)



4.361 Consultations



0/0 Beds /  
hospitalized  
patients



25 Deliveries per  
Month (media)



ND VIH Unit  
Patients



9 Staff

## BENIN

### Health Center Saint Martin de Porres (Kpakpamé, Benin)

About two years ago, the inhabitants of the Kpakpamé area, whose houses are wobbly mud structures in one of the most impoverished countries in the world, managed to unite in order to donate six hectares of their land to the Congregation of the Dominicans of the Annunciata. Their request was clear and sincere: they wanted to see a medical center flourish in a dusty land.

This is how Kpakpamé's center opened its doors in June, 2018. Since then, it assists more than 1,400 patients per month. Its growth potential is exceptional, since there is only one public center to help the 200,000 inhabitants of the area. This area not only lacks good State health services and equipment, but it is also an area where regulated State prices are not readily available to regular people; however, corruption is.



#### General data

Health Center Saint Martin de Porres (Kpakpamé, Benin)

 15.000 Consultations

 8/0 Beds / hospitalized patients

 ND Deliveries per Month (media)

 ND VIH Unit Patients

 18 Staff



1. Centre de Santé Mónico (Bouaflé, Ivory Coast).

2. Works for the new building's project.

3. Awareness campaigns in Bouaflé.



“We concur with Fundación Recover's common approach to work for the improvement of health, which is something essential and basic in groups without resources and especially for the child population. In the field of solidary cooperation, and counting on the resources that some of us can provide, what really matters is the work and dedication of the cooperators and volunteers who try and manage to implement a health project to improve, not only the health of the beneficiaries, but the human dignity that they should lack of, regardless of their economic and social situation. And in this field, Fundación Recover and its collaborators are an example of perseverance, efficiency and good results. Our most sincere recognition.”



Joan Sánchez Colomera, Fundación Ordesa's Manager.

## Equipment



Financer: Ilustre Colegio Oficial de Médicos de Madrid  
+ Fundación Ordesa  
+ Private Donor

At Fundación Recover, we wanted to commit ourselves to the infirmary, so we provided Kpakpamé with the necessary equipment to carry out its activity, benefiting its thousands of patients and its 18 employees. Among this equipment are beds, basic consultation material, medical equipment for the laboratory or an electrocardiograph, among others.

## Support for Child Nutrition



Financer: Members and Donors

The center also carries out campaigns for women's advocacy, through which eight facilitator women visit different communities to discuss topics such as first aid measures, hygiene and child nutrition, dehydration or drinking of water, among others. In addition, we collaborate by providing formula for babies, designed, on the one hand, to nourish orphaned children and, on the other, to sell it to mothers at a very low price, so that a fund is created that allows us to continue buying this milk. In the case of mothers with no resources, this milk has no cost.

## CHAD

### Complexe Hospitalo-Universitaire Le Bon Samaritain (N'Djamena, Chad)

In 2018, we decided to start to collaborate with this hospital center to accompany it in its evolution and development over the years. In this way, we support the improvement and adaptation of the equipment so that they can offer quality health care at a minimum affordable price while they can be able to self-manage and be sustainable. We also financed a training grant for one of its health professionals and a young Chadian, Abdel, was able to recover his health via our Patient Program.

## Laboratory Equipment



Financer: Fundación Repsol

The center's laboratory performs more than 15,000 clinical tests every month, which means an average of 500 a day. This is a large number, but due to the lack of appropriate equipment and other laboratory materials, it does not cover the hospital's demand. This situation is especially critical in emergencies, as it does not guarantee the ready disposal and reliability of results when needed the most. For this reason, in 2018 we supported this center with equipment for the biochemistry and microbiology laboratories, which incorporate rapid malaria and tuberculosis tests. The equipment was purchased at the beginning of 2019.

## Child Nutrition Unit



Financer: Fundación Nuria García

At the end of 2018, the project for the creation of the center's nutrition unit was approved. This project aims to methodize the early detection and treatment of child malnutrition cases, as well as provide specific training to health personnel to address this problem. The project is expected to start in mid-2019.



## General data

### Complexe Hospitalo-Universitaire Le Bon Samaritain (N'Djamena, Chad)

 **16.824 Consultations**

 **150/ND Beds / hospitalized patients**

 **315 Deliveries per Month (media)**

 **ND VIH Unit Patients**

 **152 Staff**

## HOSPITALS FOR AFRICA



1. Kpakpamé, Benin.

2 y 3. Rural campaign on women's health prevention and financed equipment in the Health Center Saint Martin de Porres (Benin).

4. Complexe Hospitalo-Universitaire Le Bon Samaritain (N'Djamena, Chad).

5. Laboratory Equipment.

6. Nutrition Unit.

## CONGO DR

### Hôpital Général de Référence (Kanzenze, Congo DR)

In 2018, we continued working with Pureza de María Sisters Congregation who manage the center in order to better the life conditions of Hôpital Général de Référence of Kanzenze patients and workers.



#### General data

#### Hôpital Général de Référence (Kanzenze, Congo DR)



2.805 Consultations



70/ND Beds /  
hospitalized  
patients



20 Deliveries per  
Month (media)



ND VIH Unit  
Patients



40 Staff

### Land cultivation



Financer: McKinsey  
& Company, Inc.

The project is based on the cultivation of two hectares of unused land adjacent and belonging to the hospital. Employees of the center and their families cultivate soybean, corn and peanuts, each crop containing high energy contents. The crop will provide nourishment and improve the diet of those patients who suffer from malnutrition and who are hospitalized while the personnel who are involved in the cultivation will be able to sell any surplus of these crops which will represent an extra income.

For this reason, during 2018 the required expenses for the necessary materials for the preparation of the land, the repair of the perimeter wall, the rent of the tractor and the purchase of seeds and fertilizer, and others are included. The harvest began in October, and will continue during 2019, since October is when the optimal conditions occur.



1



2

1. Hôpital Général de Référence  
(Kanzenze, Congo DR).

2. Preparation of the land  
for its cultivation.

HOSPITALS  
FOR AFRICA

OTHER PROJECTS

|          | PROJECT                                    | COUNTERPART   | BENEFICIARY                                   | FINANCERS  |
|----------|--|---|---|--|
| Congo DR | <b>Medicine for the school pharmacy</b>    | Santo Domingo Congregation  | Mother Teresa Titos School complex (Kinshasa) | <br>Members and Donors + McKinsey & Company |
| Cameroon | <b>Well and water deposit construction</b> | Kribi Diocese   | Ngovayang Catholic Hospital                   | <br>Abac Capital                            |
|          | <b>Grants against Malaria</b>              | Jesús María Congregation  | Jesús María School, Yaoundé                   | <br>Members and Donors                      |
|          | <b>Medicine donation to EDISA</b>          | EDISA (Ensemble pour le Développement Intégral des Soins Accessibles) | Fundación Recover Network centers             | <br>Grupo Quirón Salud                    |



*Marcelle Medou, Health 2.0 program manager in Cameroon.  
Participants in the V Professional Health 2.0 Meeting in Ivory Coast.  
Gerald, 2018 Health 2.0 prize Grant Holder.*



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# Telemedicine Health 2.0



Financers: Laboratorios Rovi + Quirón Salud + Premio ABC + Renta 4

CHAPTER 7

## A technological progress year

The year 2018 represented a change in the tool that makes the Telemedicine Health 2.0 program possible, that is, the migration from Medting to Sparkspace. The new IT platform is more user friendly and eases tasks for African users, volunteers and participants by simplifying operations, procedures and specialties. In 2018, the following have been generated:

- **11 new collaborating centers** in **Cameroon**. 27 new participants.
- **12 new collaborating centers** in **Ivory Coast**. 50 new participants.
- **15 new volunteers** in Spain. Altogether 54.
- **303 new cases:** 284 Diagnostic help and 19 Training materials.

## V Professional Health 2.0 Africa - Spain Meeting Health 2.0

Health 2.0, along with the training projects in Africa, celebrated the V Professional Health 2.0 Africa - Spain meeting. Once again, we counted on a group of Neurology volunteers who travelled to three regions in Ivory Coast.

### Health 2.0 Prize

With Surg for All support in 2018 four African professionals were trained in Spain (Valencia) and another one in Cameroon. All of them are the result of the Health 2.0 Prize, which aims to grant a training scholarship to the African professionals who interact on the platform more frequently.

## Prizes and publications

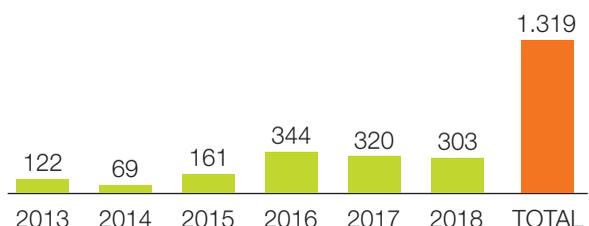
- June 2018. Premios Sociedad Española de Neurología (SEN) (Spanish Neurology Society) Prize
- July 2018. XIV Premio Solidario ABC (ABC Solidary Prize)
- “Telemedicine and African children treated in Spain. Sanitary innovation in international cooperation”. Revista Clínica Española. David Pérez Manchón.

## e-Learning Training

Making use of the resources offered by the Health 2.0 platform, in the long run, we aim to strengthen the training area in an academic sense. The development of structured content that can benefit the skills of certain African health professionals will be useful in the activities and specialties of their centers.

## Evolution platform activity

(cases/year)





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# Social Incidence

CHAPTER 8

## Necessary actions for mobilization

The evolution of our work has brought about a greater sense of understanding that helps us make an impact not only in Africa, but also in the Spanish population and institutions. These initiatives are a fundamental support of our goals. Awareness campaigns are carried out both in Africa and in Spain and as a result, Spanish citizens become aware of the situation and mobilize in order to take part along with institutions.

### A day about cooperation

In May, we celebrated our 2nd Fundación Recover's International Conference on maternal child health. During it, we presented our 1st Recover report named "Ivory Coast, Cameroon and Benin maternal child health status".

### A photo exhibition travelling all over Spain

The photo exhibition titled "From Saint Martin de Porres to Obout: Fundación Recover's first 10 years" was inaugurated in December 2017. During 2018, it travelled to several Spanish cities showing the reality of



"Promoting awareness from childhood implies that children are aware of other realities and that they learn to share. It is feasible that when they are adults they have more ingrained values such as tolerance, solidarity and respect".

David Perez, volunteer, with her daughter Sara who is the 1000th partner of Fundación Recover and Lucía, our first baby-born partner.

health in a continent only 14 kilometers far from us.

### A direct look at sub-Saharan Africa

Thanks to our blog consolidation, during 2018 we have been able to raise the voice of the African professionals with whom we collaborate via our articles and different publications prepared in the field.

### A bit of Africa in Spain

In 2018, we incorporated some pieces of craftsmanship directly from Sub-Saharan African countries. We enhanced and nourished our solidarity markets that help us spread the color, the intensity and the strength of a

continent full of life and rich in culture and people.

### A 100 kilometers race

In June, we celebrated our 2nd Solidary race titled "100 kilometers x Africa". This sports initiative consisted of five teams running for 24 hours for our cause.

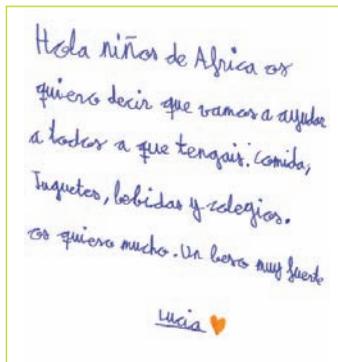
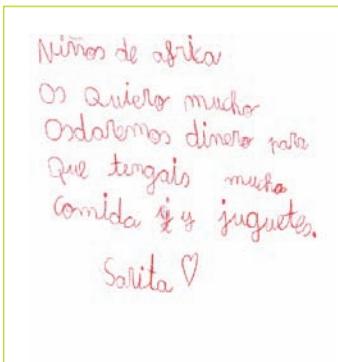
### A solidary basketball match in Fuenlabrada

On Mother's Day (May, 6th), we were at the Montakit Fuenlabrada Basketball match talking about "Maternity, a life project". Through this campaign, we raised funds for Maternity unit in Bouaflé. In addition attendees entered to win a shirt signed by all the players.

Additionally, we wanted to share the development of all our projects with the different people Fundación Recover counts on: partners, donors

and volunteers. Throughout the year, there were three important gatherings where we thanked everyone for their work and collaborations with

Fundación Recover, and render accounts that we will take with us into the future.



**These are letters from Sara, our partner number 1000 and Lucía, our first baby-born partner. Both are David Perez’s daughters, one of our volunteers.**

“Children from Africa: I love you very much. I will give you money so you will have much more food and toys”, Sarita.

“Hello children from Africa: I would like to tell you that we are going to help you so you can have food, toys, beverages and schools. I love you very much. A big kiss”, Lucia.



1. II Recover's International Cooperation Conference on maternal child health.
2. Photo Exhibition “From Saint Martín de Porres to Obout: 10 years of Fundación Recover”.
3. 3<sup>rd</sup> Solidary Race edition “100 kms x Africa”.
4. Montakit Fuenlabrada Basketball match.



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# Financial Information

CHAPTER 9

42% of the total Admin and Management's expenses have been granted by the different companies that offer these services.

Out of the mission expenses, 53% was spent in Hospitals and Training program, 24% Patients 'program, 6% Telemedicine Health 2.0 and 17% Awareness program.

Income Statement  
**1.035.871**  
euros

Expenses  
**1.013.085**  
euros

**Excess of income over  
expenses in 2018**  
**22.786**  
euros





\*Percentages are drawn from the unaudited financial statements from year ending December 31, 2018. Final data will be available upon completion of the financial audit performed by AURE. Annual financial statements can be found at [www.fundacionrecover.org/cuentas-anuales-2018](http://www.fundacionrecover.org/cuentas-anuales-2018).



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# Partners

CHAPTER 10

Main collaborators  
Thanks for making it possible



ABC



Sabadell



Divisa iT



lener

Medtronic



RibéSalat



LABORATORIOS FARMACÉUTICOS ROVI

## Other collaborators

ABANCA

Air France

Amref Salud África

Asge Venmark

CajaGranada Fundación

Centro Cívico Convent  
de Sant Agustí

Clínica Baviera

Clínica Dental Balmaseda  
y de la Llama

Clínica Dental Daniel Molina

Corricolari

Cristina Guillén Selecció de Vins

DKV

EFTI Centro Internacional  
de Fotografía y Cine

Fundación Cofares

Fundación Mujeres por África

Fundación Renta 4

Fundación Telefónica

GNU Solidario

Hiperion Hotel Group

Iberext

Institución Benéfica del  
Sagrado Corazón de Jesús

Médicos sin Fronteras

Medicumundi

Montakit Fuenlabrada

Nestlé España

Ocularis Associació

Openbank

Orange Espagne

Parroquia de Santa María de Caná

Psyma Iberica Marketing Research

Redcrea

Sage Spain

SEMERGEN

Sociedad Española de Neurología

Sonrisas Viajeras

Universidad Autónoma de Madrid

VISO Farmacéutica



## Thanks...

- To all the religious congregations that collaborate with us both in Africa and Spain.
- To all the Fundación Grupo Quirón Salud, its professionals and Medical Centers and Hospitals.
- To all partners, volunteers, donors/sponsors who make Fundación Recover able to keep on working to offer quality health care to all the people in the countries of Africa where we are present.



## Train people to transform lives

Training of local professionals is fundamental in order to ensure the sustainable development of the medical centers in the sub-Saharan areas where we collaborate.

We need, at least, 70 new partners paying 10 euros per month to achieve our goal. If we make it, this will be our next year's cover page. **Help us do it possible!**

- **Webpage:** [www.fundacionrecover.org/hazte-socio](http://www.fundacionrecover.org/hazte-socio)
- **Bank account number:** ES43 0075 5977 8706 0533 3585
- **Email:** [info@fundacionrecover.org](mailto:info@fundacionrecover.org)
- **Phone:** (+34) 91 411 09 68 - (+34) 91 049 67 31



[www.fundacionrecover.org](http://www.fundacionrecover.org)