



Fundación
Recover

Hospitales
para África

Activities Report 2024

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02. Letter from the General Manager

*I want to start this letter by highlighting some key milestones of our 2024. Recover has extended its work to **Burundi and Tanzania**, two countries where we had not been involved until now. In alliance with the Fundación Kyrikú, and thanks to the work of 9 volunteers from various Spanish hospitals and clinics, we have contributed to the installation of a pathology laboratory in Burundi, one of the four poorest countries in the world. On the other hand, within the framework of the Ratpanat Social Action, a sustainable tourism company, Recover has sent volunteers to Tanzania to carry out a minor surgery campaign and is supporting a hospital that serves the Maasai population.*

*In addition, we have piloted two new **health campaigns** for which we want to provide continuity: one to prevent cardiovascular risk in Cameroon, and another one for community mental health in Ivory Coast. Meanwhile, Recover's flagship campaign, NUTRI-m, which aims to prevent and reduce child malnutrition, has been scaled up to Benin and has already benefited more than 4,500 boys and girls.*

*I also want to dedicate a few words of gratitude to all the people who have made our work possible. In 2024, we have had the support of more than **1,000 members**. Donations received for the cause of a **solidarity wedding** have allowed us to equip an operating room, install solar panels, and promote health campaigns. At a corporate event, the president of Recover recognized and thanked all the **volunteers** for their fundamental work. Thanks also to the **team and the Board of Trustees** of our foundation for their commitment and motivation.*

*Recover's **trustees and partners** contribute substantially to the sustainability of the organization, and we owe them a special debt of gratitude. Among the **collaborators** of 2024, I highlight the Fundación Ordesa for supporting the installation of an oxygen network in a health centre in Cameroon, and two public entities: the Albacete City Council and INECO.*

*Finally, in 2024 Recover has incorporated two **partner hospitals** to operate on patients from Africa: Hospital QS del Vallès and Policlínica Gipuzkoa. We have also performed orthopaedic surgeries at H. Ruber Internacional, Fundación Jiménez Díaz, and H. QS del Vallès, and heart surgeries at Hospital QS Albacete.*

May the path to improving healthcare in Africa continue, with more and better social impact. Thank you for joining us.



Marta Marañón Medina

General Manager, Fundación Recover

03. Get to know us

Fundación Recover, Hospitales para África is a secular, independent, and non-profit organization that has been providing **healthcare cooperation in Africa** since 2007. It is headquartered in Madrid and has a regional office in Cameroon, with its own local team.

VISION

We envision a world
where all people in
Africa have access to
*decent and quality
healthcare.*

MISSION

Strengthening the capacities of the health centres we collaborate with, as well as their staff, so that they can sustainably offer dignified and quality healthcare to underprivileged people in Africa.

Board of Trustees

Our board includes 7 people:

President and founding patron:

Víctor Manuel Madera

Secretary:

Celso González

Members:

Elena Arias

Gonzalo Aldámiz-Echevarría

Juan Antonio Álvaro de la Parra

Juan Carlos González

Nicolás Bonilla

Work team at the end of 2024:

General Manager

Marta Marañón Medina

Deputy Manager

Javier Lasa Benito

Programme Coordination and Patient Management

Nery Villalobos Chávez

Hospitals and Campaign Programme Management

Noelia Núñez Ríos

Training, Volunteering, and Telemedicine Management

Cristina Rodrigo Ferrán

Partnerships

Lucía Chicatun

Administration and Social Base

Sonia Gallego Merlo



Office in Yaoundé, Cameroon

Emilie Ngono

Africa Representative and Head of the Cameroon Office

Marcelle Medou

Projects and campaigns technician

Georges Bindjeme

Administration

Raoul Herman Brey

Logistical support



Fundación Recover on the ground

In 2024, our team travelled to Cameroon, Ivory Coast, Burundi, Tanzania, and Benin to carry out missions for identifying needs, monitoring, and evaluating projects.



04. Our impact in 2024

We have collaborated in **8 countries** in Africa with **26 health centres** serving **280,000 people**

9.606 people have benefited from campaigns on child nutrition, maternal and child health, cervical cancer prevention, sickle cell disease, cardiovascular diseases, and community mental health.

135 healthcare and management professionals have been **trained** by volunteer professionals from Spain and around the world.

377 people have received better **diagnoses** thanks to **Telemedicine**

7 patients from Africa have been **operated in** “**partner hospitals**” of Quirónsalud



05. Lines of work

5.1 Support to healthcare centres

Our work is focused on strengthening precarious primary care health centres, many of them located in rural areas, providing medium and long-term support. In this regard, in 2024 we supported health centres with:

5.1.1. Material and management reinforcement

Infrastructures

Cameroon



→ Installation of an **oxygen network** at the Claudine Echernier Catholic Hospital Centre in Leboudi, on the outskirts of Yaoundé, the capital of Cameroon, thanks to the collaboration with **Fundación Ordesa**. This network reduces the mortality risk for women and newborns.

→ Adaptation and rehabilitation of the **warehouse** at the Tonga Catholic Medicalized Centre.

→ Installation of **photovoltaic networks** in **5 health centres** to prevent power outages and losses in hospital supplies, thanks to the collaboration of **INECO** and its volunteers, as well as part of the funds raised from a **solidarity wedding**.

→ **Improvement of water quality and supply** at the Dimako Health Centre through the installation of an osmosis system, conditioning of the well, and water disinfection, with the support of the Fundación Pedro Navalpotro.

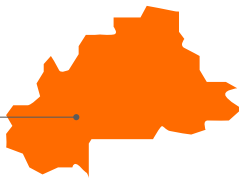


Benin



→ Reinforcement of water infrastructure and solar panels in St Martin de Porrès Health Centre in Kpakpamé through the acquisition of a **power inverter**.

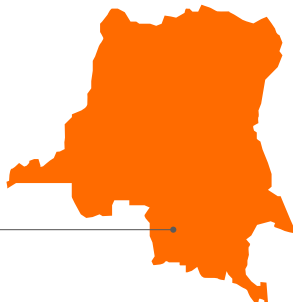
Burkina Faso



→ Provision of drinking water to more than 30,000 people through the construction of **1 well and water tower** at the Pielà Health Centre, thanks to collaboration with **AUARA**.



RD Congo



→ **Reinforcement of the solar panel system** installed at the Pureza de María Reference Hospital in Kanzenze through the acquisition of 1 battery and 2 converters, in collaboration with **INECO**.

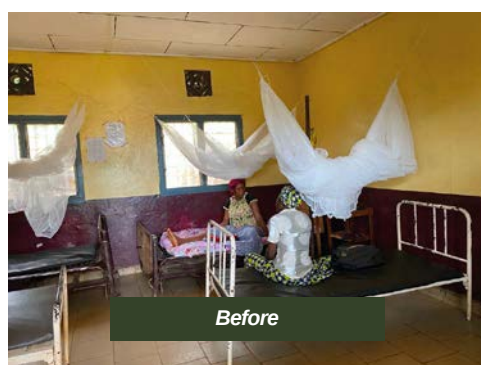
Equipments

Throughout 2024, we have collaborated with the provision of equipment for **9** health centres in **3** countries.

Cameroon



→ **Support for the operating room, laboratory, and air conditioning system** at the Catholic Medical Centre of Tonga (air conditioning units, refrigerator for the blood bank, laboratory incubator, delivery bed, autoclave, cardiac monitor, electric aspirator, microscope, and voltage regulators). This project was possible thanks to the collaboration with **Hersill**.



Before



After

→ **Strengthening of paediatric, neonatology, and maternity services** at the Catholic Hospital Claudine Echernier of Leboudi, to complement the donation from the Fundación Ordesa linked to the oxygen network project through the acquisition of oxygen masks for adults and children, delivery bed, nasogastric tubes, neonatal resuscitation kits, phototherapy lamp, fibre optic laryngoscope, glucometer with 50 strips, electric syringe, paediatric oximeter, mucus aspirator, multiparameter monitor, and electric incubator.

→ **Support for the maternal and child area and nursing service** at the Batcham Medical Centre, through the acquisition of paediatric oxygen masks and laboratory equipment, finger pulse oximeters and blood pressure monitors, fibre optic laryngoscope, consultation stretcher, delivery bed, gynaecological lamp, and electrocardiograph. All was possible with the contribution of our **partners and individual donors**, as well as the company Lilly.



→ Support for the **neonatal intensive care unit** with the purchase of 1 electric syringe at the Protestant Medical Centre of Bafoussam.

→ Acquisition of **hospital furniture** (delivery bed and mattresses) at the rural dispensary of Bangambi, thanks to part of the proceeds from the **solidarity wedding**.

Burundi



→ Launch of a **pathology laboratory** at Ngozi Hospital, in collaboration with the **Fundación Kyrikú**.

From Gilby to the creation of the pathology laboratory

It all began when Dr. Casado, from Ruber International Hospital, operated on Gilby, a 14-year-old boy from Burundi with very disfiguring burns. Dr. Ricardo Ruiz, head of the Dermatology department at this hospital and director of the **Clínica Dermatológica Internacional** welcomed him into his home, and Gilby became friends with his children.

Some time later, with the help of the Fundación Kyrikú, of which Dr. Ruiz is a trustee, he travelled to Burundi and was able to observe firsthand the dermatological needs of Burundian children. He saw dozens of children with all kinds of undiagnosed and untreated skin lesions. He was particularly struck by the fact that, in the operating room, surgeons discarded the removed pieces, as they did not have a laboratory to analyse the material, and the tissues had to travel thousands of miles to be analysed.

This approach to the health reality of Burundi led to a very special alliance between the Kirikú Foundation and the Recover Foundation to set up a pathology laboratory at Ngozi Hospital. Nine **volunteers from the Clínica Dermatológica Internacional, Hospital 12 de Octubre, and Hospital La Princesa** joined this project, traveling to install the laboratory and train the staff, as well as to carry out a dermatological campaign that yielded the first biopsies.

This project was also supported by the **Albacete City Council, Encantos de Menorca, the Fundación Roviralta and Jiménez Díaz**.

This network of partnered people and organizations has enabled Ngozi Hospital to currently diagnose skin lesions and perform vaginal cytologies.



The team of volunteers who travelled to Burundi



The laboratory already installed



Training local staff

Learn more about the project!



South Sudan



→ Acquisition of **1 microscope** for the ophthalmology campaign in the Ave Maria Dispensary, Nzara Hospital, Tombura Hospital and Ezzo Hospital carried out in partnership with the Fundación Emalaikat, thanks to the contribution of a private donor.



Tanzania



→ As part of the social action of **Ratpanat**, a sustainable tourism company, we have supported the Endulen Hospital in Tanzania, which assists the Maasai population, with the purchase of laboratory and surgical equipment.



Operating with mobile phone light due to lack of equipment

Laura and Enrique are married and are surgeons at Sanitas Hospitales and Hospital Gregorio Marañón. They have always found time, between their work schedules and the responsibility of raising 4 children, to collaborate in a volunteer campaign in Africa.

In 2024, they carried out the **minor surgeries campaign** at Endulen Hospital, in the Ngorongoro Conservation Area in Tanzania. The hospital serves a dispersed Maasai population and is a fundamental pillar for health in the area, as the nearest alternative is more than 200 kilometres away. All this has been possible thanks to the support of the **Ratpanat** company.

In six days of non-stop work, the surgeons attended to 250 patients and performed 37 surgeries, four of them paediatric. "On some occasions, the operating room lamps would overheat and we had to operate with mobile phone light," Enrique told us upon his return.

This mission laid the foundations for two important projects: equipping the hospital with equipment that will significantly improve the surgical area and training local staff in the use of these new devices, as well as in surgical techniques and postoperative care.



Hospital management

Cameroon



→ Collaboration has been made to improve the **comprehensive hospital management** of the Tonga Medical Centre thanks to the acquisition of hospital beds, waste disposal equipment, laundry equipment and materials, cleaning equipment and materials, and the creation of a storage space. This project was made possible thanks to the collaboration of a **private donor**.

→ Support has been given to the **computerization** of a hospital in Cameroon with the purchase of 2 computers, 3 UPS systems, and 1 voltage regulator, with the support of **INECO**.

5.1.2. Strengthening capacities of local professionals

In countries like Cameroon, Benin, or Ivory Coast, **the number of doctors per thousand inhabitants is 40 times lower than that in Spain**. This means that healthcare personnel (mostly nurses, midwives, laboratory technicians, and assistants) have to take on roles for which they are not qualified. Therefore, at Fundación Recover, we consider it essential to train and empower local healthcare personnel so that they can offer better healthcare services. Year after year, achieving this goal is only possible with the support of volunteers who trust Fundación Recover.

During 2024, Fundación Recover has been able to:

• Provide scholarships to **4** African professionals in:

- **Bachelor's Degree in Nursing Sciences.** Insam of Bafoussam, Cameroon.
- **Specialization in Ophthalmology.** School of specialized nurses, opticians, optometrists, and midwives of Yaoundé, Cameroon.
- **Master's Degree in Public Health and Epidemiology.** Faculty of Medicine and Pharmaceutical Sciences of the University of Dschang, Cameroon.
- Training in **Clinical Psychology and Human Therapeutic Approaches.** Dschang (Psychological Well-being Centre of SARISPSY-Santé). Catholic Medicalized Centre of Batcham-Fiela, Cameroon.

- Enable the participation of a mental health specialist in the **Congress of the Spanish Society of Neurology (SEN)** in Valencia.
- Facilitate the attendance of a Cameroonian doctor at the **“Tiny Feet, Big Steps 2024 Neonatology Conference”** organized in Arusha (Tanzania), which included training in Neonatal ICU.



• Carry out **3** training projects that have reached more than **500** people.

- **Training in documentary search for students and healthcare professionals in health and mental health**, which has involved more than 275 people and has been performed thanks to the collaboration of the **Fundación Sergio Alonso**.
- **Consultancy in Comprehensive Hospital Management** at the Batcham-Fiela Health Centre, which has laid the foundations for the development of the health centre with a comprehensive approach in collaboration with **Santander Asset Management**.
- Pilot project **"trainer of trainers in mental health"**, from which 370 people have already benefited in their consultations in Cameroon, carried out thanks to the support of **ICOMEM (Illustrious College of Physicians of Madrid)**

- Training **30** professionals online thanks to the voluntary work of 7 Spanish professionals.

- Training in Pharmacy Management
- Training in Paediatrics

- Training **105** healthcare professionals through **16** campaigns carried out by **36** volunteers who travelled to the field from **13** hospitals in Spain and France:

In Cameroon:



- **Support in paediatrics and 2 minor paediatric surgery campaigns:** Dra. María Fernández Ibieta, paediatric surgeon at Hospital Virgen de la Arrixaca (Murcia).

→ 300 patients attended and 14 operations performed



- **Support in nursing:** Gloria González Crespo, retired nurse who carried out two campaigns in 2024, and Léa Denis, French nurse who carried out 1 campaign.

→ 320 patients attended and 3 professionals trained



- **Support for the physiotherapy service:** Amaya Yebes Olmeda, physiotherapist based at Centre Hospitalier Metropole Savoie, France.

→ 150 patients attended



- **Training in pelvic ultrasound and obstetric emergencies:** Dra. Elena Rojo Galobardes, gynaecologist, Ana Inaraja Arche y Sandra García Alba, midwives (Hospital Universitario Infanta Elena de Valdemoro de Quirónsalud, Madrid)

→ 67 people attended and 17 professionals trained



- **Mental health campaign:** psychiatrists Dr. Joaquín Galván (Hospital Gregorio Marañón, Madrid) and Dra. Carlota Moya (Hospital Universitario Central de Asturias).

→ 164 people attended and 4 professionals trained



- **Paediatric check-up campaign:** María Serrabella and Lucila Ramos del Moral, advanced medical students.

→ 120 children attended



- **Support in internal medicine consultations and follow-up of the cardiovascular disease programme CHANGE-m:** Dr. Javier Sánchez Ayuso, internist (Hospital General de Getafe, Madrid).

→ **300 patients attended and 3 professionals trained**



- **Training and strengthening of physiotherapy and osteopathy skills:** Juan Miguel Pérez Adrover.

→ **85 patients attended, 250 physiotherapy sessions conducted and 3 professionals trained**



- **Dental campaign:** Emilio Martínez de la Llama, Ana Aguado, José Ramón Pelayo Gutiérrez y Arturo Marzán Gil, dentists

→ **More than 350 people attended**

To train for the beginning of life: The training campaign in pelvic and obstetric ultrasound by volunteers Ana, Elena, and Sandra.

The **infant mortality rate** in Cameroon is **70 children per 1,000 live births**, while in **Spain it is 3**. Elena, a gynaecologist, and Ana and Sandra, midwives, from Hospital Infanta Elena in Valdemoro thought it was necessary to bridge the gap in access to health services, and therefore, they travelled to the West Region and the Centre Region of Cameroon, the African country, to **train 17 local professionals**.

The training focused on the **use of the ultrasound machine and image interpretation**, the different stages of pregnancy, and the study of female genital organs. Between training sessions, the volunteers also participated in the daily tasks of the health centres, which included performing some interventions such as **caesarean sections and deliveries**.

As Ana pointed out, *“there are situations that we are not used to due to the lack of resources. It is a bit complicated to adapt, especially when we had to enter for obstetric emergencies in the operating room. But we have felt very supported at all times by the health carers who work there, who have been very collaborative and have taught us their ways of doing things”*.

The three professionals agreed on how enriching the experience was and hope to continue their work in the coming years.



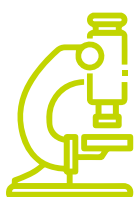
Au Soudan du Sud :



- Support for the ophthalmology campaign of the **Fundación Emalaikat** led by Dra. Blanca García Sandoval from the Fundación Jiménez Díaz.

→ 604 people examined and 130 surgical interventions performed.

Au Burundi :



- **Training mission for the installation of the pathology laboratory.** Team of pathologists and cytopathologists from Hospital 12 de Octubre: Dra. Ana Belén Enguita, Dr. Enrique Revilla, Elidia Herrera and Francisco de Borja Rodríguez, cytopathologists.

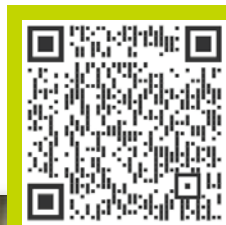


- **Dermatology campaign** led by Dr. Ricardo Ruíz, with M^a Teresa Beleña and Beatriz Angulo, from Clínica Dermatológica Internacional, Dra. Luisa Martos and Dra. Sonsoles Berenguer, dermatologists at Hospital de la Princesa.

→ 49 patients attended and 17 professionals trained



Do you want to see more?



In Tanzania:



- **Surgical mission for minor surgeries, within the framework of collaboration with Ratpanat in the Ngorongoro crater.** Dra. Laura Gómez Lanz and Dr. Enrique Velasco Sánchez, surgeons from Hospital Gregorio Marañón and Sanitas Hospitales

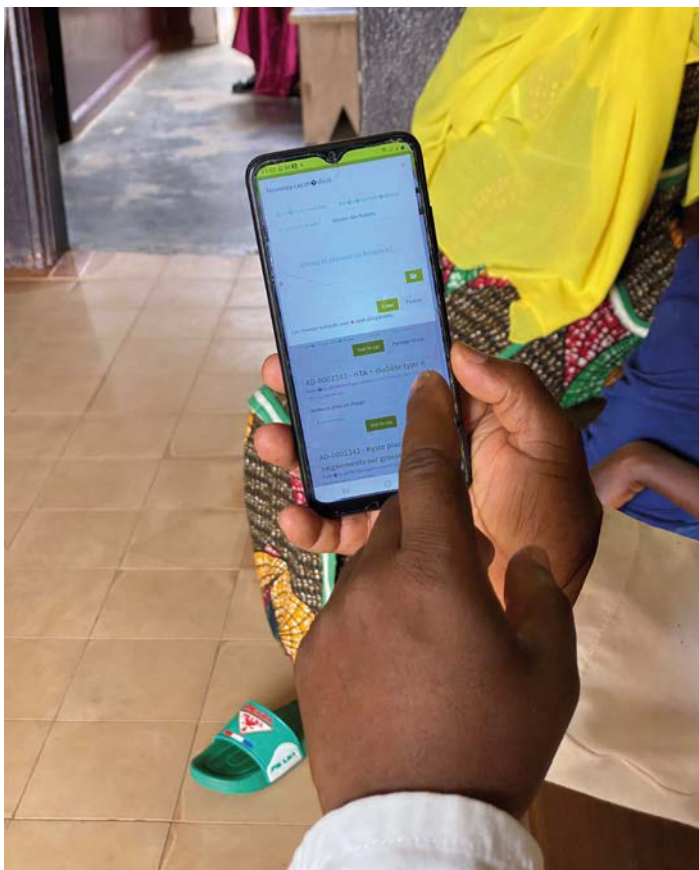
→ **250 patients examined, 37 surgeries performed, and 8 professionals trained.**

- Assisting **34** healthcare professionals in Africa through **Telemedicine** in diagnosing **377** patients.

In 2024 :

- **42** new African healthcare professionals from 10 centres have joined Telemedicine
- **2** new countries joined the Telemedicine platform: Burundi and Tanzania.
- **41** volunteers, mostly Spanish, collaborate through our Telemedicine platform

All this was made possible thanks to the support of **Laboratorios Rovi**.



5.2 Health campaigns

In the countries where we collaborate, healthcare is expensive and not easily accessible for low-income populations. As a result, many people only visit health centres with advanced diseases or when it is a condition that could have been prevented with earlier intervention.

To address this challenge, we develop health campaigns aimed at reaching the population, especially in rural areas, to prevent, raise awareness among families, train health centre staff, and provide the necessary treatment.

In 2024, we conducted **7 different campaigns** in Cameroon, Ivory Coast, and Benin, providing benefit to **9,606 people**.

Cervical cancer campaign:

Cervical cancer in Africa reaches mortality rates 10 times higher than in Spain. The difference is significant and is largely due to **screening and detection** programmes, along with **early treatments** for the disease, which can **reduce deaths by up to 80%**.

In 2024 we conducted the campaign in 4 health centres.

→ **946** HPV tests

→ **65** biopsies

→ **12** conizations

→ **6** hysterectomies

Cervical cancer campaign

4 health centres in Cameroon

1,437 women benefited

Funds: Solidarity Concert 2023

NUTRI-m: Campaign to prevent and reduce child malnutrition

In countries like Cameroon, Benin, or Ivory Coast, malnutrition affects one in three children. The Nutri-m campaign aims to **prevent and reduce child malnutrition** by improving the nutritional levels of children between **6 months and 5 years old**. Using a computer programme, the situation of each child and the need for vitamin supplementation, medication, and high-calorie milk are estimated. Families are also trained in **nutritional and hygiene** aspects. During 2024, almost 3,000 children benefited.



Campaign to prevent child malnutrition (Nutri-m)

2,295 children benefited

9 health centres in Cameroon, Ivory Coast, and Benin

Collaborators: Fundación Sanitas, Vibra Hotels, Spanish Private Health Alliance (ASPE) and Santander Asset Management.

Sickle Cell Disease

Sickle cell disease is a hereditary condition that mainly affects the African population, potentially causing anaemia, chronic pain, infections, and other serious health problems. In sub-Saharan Africa, it is one of the leading causes of child mortality, and **in Cameroon, between 10% and 40% of the population carries the sickle cell gene**, representing a population of about 3.5 million people.

The people who participated in the campaign now know whether they have the disease, and those who needed it have been treated.

Sickle Cell Disease Campaign

1,868 people benefited

3 health centres in Cameroon

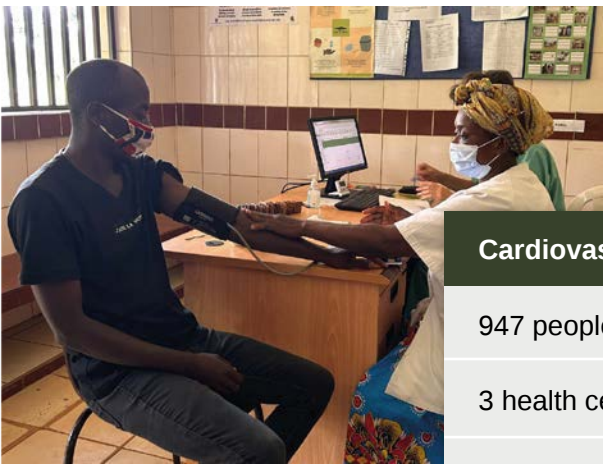
The incidence of the disease is 31% (including carriers and people with sickle cell disease), and 23% of the total are under 14 years old.

Collaborators: members and donors

Change-m

Cardiovascular diseases (CVD) are responsible for **38% of deaths** in Cameroon, according to a 2019 WHO report. They affect more frequently disadvantaged social groups. Regarding arterial high blood pressure (HBP) alone, the Ministry of Public Health reports that 25% of the population suffers from this problem. In 2024, a **pilot project** was developed in 3 health centres in Cameroon, revealing that 25% of those registered in the project had some of these CVD-related conditions: HBP, type II diabetes mellitus, obesity, insufficiency. Moreover, 1 in 3 people registered in the project had hypertension, and 60% were unaware of having it.

Thanks to the campaign, participants know their health status and have been made aware of healthy lifestyle habits (nutrition and sports).



Cardiovascular Risk Prevention Campaign (CHANGE-m)

947 people benefited

3 health centres in Cameroon

Collaborators: Laboratorios Rovi, Vibra Hotels and the Spanish Society of Internal Medicine

Community Mental Health

According to WHO data, in **Ivory Coast**, there are only 3 psychiatrists per 100,000 inhabitants, while the number of people affected by some pathology exceeds 1,600. Furthermore, there are only 4 specialized mental health hospitals and 2 with a psychiatric unit in the entire country. People with mental health problems are often isolated or rejected by their families. Lack of resources and knowledge on the matter leads to situations of stigmatization and marginalization.

In response, Fundación Recover in partnership with *Mindful Change Foundation* carried out a community mental health campaign to raise awareness about mental illnesses and prevent the stigmatization of young people in rural areas.

Community mental health campaign

600 people benefited

Ivory Coast

Collaborators: *Mindful Change Foundation* and Accenture



Prenatal control campaign

In Cameroon, more than 5 women die for every 1,000 births. Lack of follow-up and monitoring during pregnancy often leads women to go to the hospital in advanced risk situations. Thanks to this campaign, pregnant women have been able to access three ultrasounds and gynaecological follow-up during the 9 months of gestation.

Prenatal control campaign

201 women benefited

2 health centres in Cameroon

Collaborators: Fundación IVI-IVIRMA



Malaria prevention, diagnosis, and treatment campaign

Malaria remains one of the leading causes of death among young children in Cameroon. According to the World Health Organisation (WHO), children under the age of five account for the majority of malaria-related deaths in Africa. The lack of timely access to diagnosis and treatment aggravates the situation, especially in rural areas.

In 2024, a comprehensive prevention, diagnosis and treatment campaign was launched, which will benefit **720 children** thanks to the support of **Sabadell Asset Management** and **Lilly**

5.3 Patients

The Patients programme aims to offer opportunities to people from Africa who cannot be treated in their countries due to lack of available alternatives and now have access to a better future. Thanks to the collaboration with Quirónsalud's network of "partner hospitals" and the support of volunteers who accompany the patients during their stay in Spain, in 2024 it was possible for 7 people from Burkina Faso, Cameroon, Benin, Ivory Coast, and Sierra Leone to receive the necessary medical care to improve their health and, therefore, their quality of life.

Agathe

Agathe, a single mother with limited resources, came from Cameroon for the second time to undergo surgery on her left hip. She was successfully operated on at the Hospital Quirónsalud del Vallès in April. Her surgery was performed by Dr. Isidor Marchán with the collaboration of Medacta.



Wanga

Wanga, an 18-year-old from Sierra Leone, was diagnosed by Fundación Milla 91 and thanks to the collaboration with Fundación Recover, travelled to Spain to undergo hip surgery. With the support of Hospital Ruber International and Dr. Inmaculada Gómez Arrayás, he was operated and can now walk without difficulties.



Gladys, Victorine, Clémentine, and Florence

Gladys, Victorine, Clémentine, and Florence are 4 women from Burkina Faso who had different heart problems. All of them were operated on by Dr. Gonzalo Aldámiz at Hospital Quirónsalud Albacete and now have a much more hopeful future ahead.

The director and the volunteer coordinator visiting the patients in Albacete:



Junior

Junior, 38 years old, travelled from Ivory Coast to undergo hip surgery. Thanks to Fundación Jiménez Díaz and Dr. Pedro Gray, he no longer needs his wheelchair to move around.

Beauté

Beauté, a 14-year-old young Cameroonian who had suffered the amputation of both legs, received an orthopaedic device to be able to walk again.

06. Awareness and dissemination

6.1 Eventos

6.1.1. Events in Spain

Solidarity concert

For the second consecutive year, we held the Fundación Recover Solidarity Concert "**Health for Africa**," thanks to the altruistic collaboration of the **Soul Track band** and the support of Sala Morocco.

All the money raised was allocated to the NUTRI-m campaign to reduce child malnutrition.



Soul Track group during the concert



Concert advertising at newsstands in Madrid



Fundación Recover general manager speaking before the concert

Volunteer recognition event

We also held a conference at the headquarters of the Illustrious College of Physicians of Madrid to **recognize and value our volunteers**. Their work is one of the fundamental pillars that make the work of Fundación Recover possible. Thank you all!



The president, the manager, and the volunteer coordinator of Fundación Recover with a team of volunteers



The president of Fundación Recover, Víctor Madera, during his speech at the volunteers conference

Flea markets

Additionally, as every year, we participated in different **solidarity markets** where we brought a bit of the culture of the countries where we work. Through African crafts, many people were able to collaborate with the health projects we carry out in Africa.

In 2024, we were welcomed at the offices of Banco Santander, INDRA, GSK, and the City Council of Las Rozas.



6.1.2. Events in Cameroon

Sickle cell disease session

In October, we organized a **session on Sickle cell disease** in the capital of Cameroon, Yaoundé. It was dedicated to sharing the lessons and experience of 5 years of work in the prevention and treatment of sickle cell disease. We had the presence of the Hon. Ambassador of Spain in Cameroon, Ignacio Rafael García Lumbreras, the manager of Fundación Recover, representatives of the Ministry of Public Health, and the president of GEDEPRACAM (a civil society organization specialized in the topic).



→ Testimony:

"Before the campaign, my son had up to three seizures per month and had to be hospitalized. For each hospitalization, I spent at least 70,000 FCFA (106.70 euros in a country where the minimum interprofessional salary is 55.30 euros per month). Thanks to the campaign, I discovered the Sainte Raphaëlle Marie Medical Centre and, since we started, the attacks have decreased a lot. The centre has given us the necessary medications; the doctor calls us for hospital visits and gives us a lot of advice. With the session organized today, we feel less alone. I was able to talk to other parents who are in similar situation as me. All this helps and relieves us in the care of our children. Because I tell you, when a child has a crisis, our hearts break as parents"

Marte, mother of a child with sickle cell disease



Telemedicine Awards

Also in Yaoundé, we once again presented the Telemedicine Awards to the **most active users of the platform**. The awards consisted of training scholarships, computer equipment, and internet connectivity.



6.2 Communication

Throughout 2024, we consolidated the presence of Fundación Recover in media, social networks, and other key platforms, contributing to a greater visibility of our actions and strengthening our positioning.

During 2024, Fundación Recover achieved **320 media impacts** and reached an **audience of 462.005.472**

Most remarkable milestones

February

Marta Marañón Medina, general manager of Fundación Recover, Hospitals for Africa, was selected by the newspaper El Español among the 'Top 100 Leader Women in Spain' in the category of Public, Institutional, and Social Impact. This is the second consecutive year she has received this distinction.



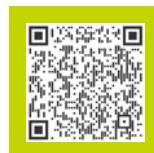
May

In May, we carried out a **complete renovation of the corporate website**. Its design, navigability, and accessibility have been improved, with the aim of offering an optimized user experience and a more up-to-date reflection of the impact of Fundación Recover's work.



August

The communication of the **mission to Burundi** in August was planned as an integral campaign that began in March and culminated in September. It included, in addition to the release of two press notes, numerous social media contents, and the participation of the mission's own volunteers as digital ambassadors, Dr. Ricardo Ruiz among them, with more than 39,000 followers on Instagram.



October



Under the title "The Spanish foundation that works to take care of Africa's health", **El Confidencial** published an interview with our general manager, Marta Marañón, in October, giving an overview of the work that the Fundación Recover has been doing for over 17 years.

Growth on social networks

In 2024, we strengthened the positioning of Fundación Recover in the digital environment and recorded significant growth on Instagram and LinkedIn, in addition to maintaining good figures on Facebook. We also opened a corporate profile on TikTok.



LinkedIn
1955



Instagram
1693



TikTok
New profile!

+ 18,1% **+ 33,7%**

6.3 Publications

During 2024 we published three reports that develop the work carried out, the experience, and the learnings of Fundación Recover in the prevention and treatment of cervical cancer, child malnutrition, and sickle cell disease.

→ Report on **“Child malnutrition and the work of Fundación Recover”**.

Available at:



→ Report on **“Cervical Cancer and Fundación Recover's Action in Cameroon”**.

Available at:



→ Report on **" Sickle cell anaemia: Better to know!"**.

Available at:



07. Our community

7.1 Entities that support us

Our work is possible thanks to the support of companies, corporate and philanthropic foundations, public bodies, and social entities.

PATRONS



PARTNERS



COLLABORATORS



PRO BONO



OTHER COLLABORATORS

Coconut Ventures, Divisa IT, Fundación Accenture, Fundación Luz Solidaria, Fundación Milla 91, Fundación Sergio Alonso, Fundación AMA, Gadisa S.L., Gift Campaign, Hospital Universitario de la Paz, Hospital Comarcal de Pallars, Hospital FREMAP, Lilly, Microsoft, Ministerio de Transformación digital, Multiboxes S.L., Nestlé España, Parroquia Santa María de Caná, Quirúrgica Cirugía General, Sage.

NETWORKING WITH CIVIL SOCIETY ORGANIZATIONS



7.2 Members and particular contributors

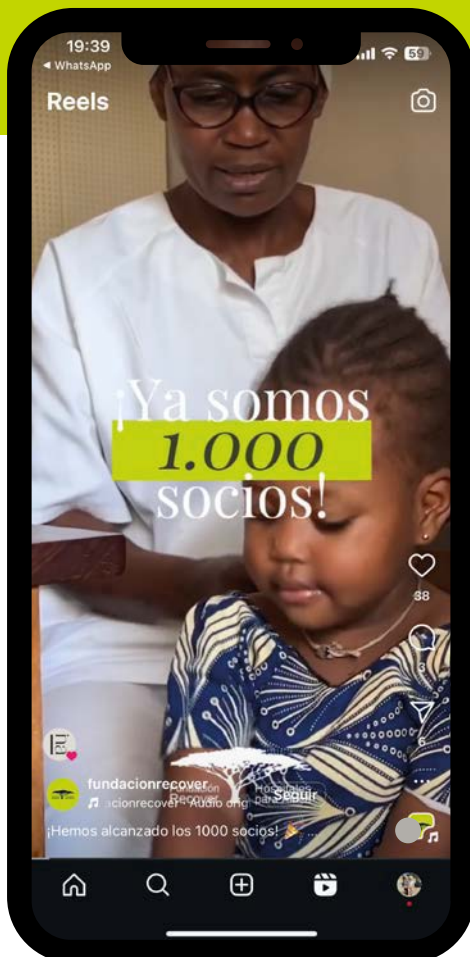
The solidarity of the people who support us allows us to sustain our work.

In 2024 we reached over **1.000 members** and

833 people trusted us and made at least one donation.

Thanks to a **Solidarity wedding, 147.000 €** was raised for Fundación Recover's projects, which will allow, among other things, to equip an operating room, finance health campaigns, and install solar panels in various health centres.

Pablo Ortega, author of the **solidarity book La mirada,** donated the profits from its sale.



7.3 Volunteers

This 2024, we have had the honour of counting on people who donated the most valuable thing one can donate: time, effort, and work.

- **8** volunteers participated in **patient accompanying**.
- **50** volunteers conducted **training** and participated in **field campaigns**
- **11** **office** volunteers collaborated in administrative, translation, and marketing activities.
- **41** volunteers participated in the **Telemedicine** platform

This year, their collaboration has been valued at over 200,000 euros.



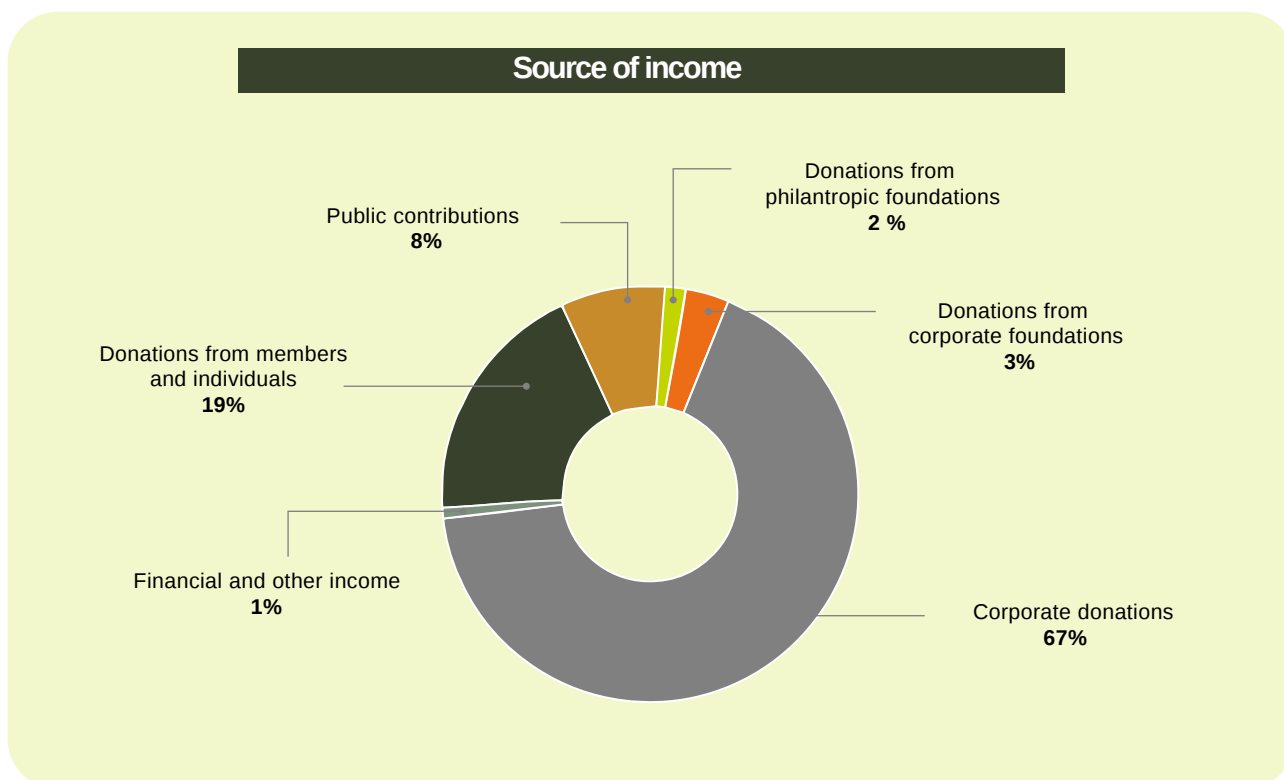
We want to thank all of them for their work, their trust in Fundación Recover, and their commitment to improving access to dignified healthcare in Africa for those with the least resources.

Alban André Vrignaud, Alfredo Martínez Rancero, Amaya Yebes Olmeda, Amparo Benedicto, Ana Aguado Ruiz, Ana Belén Enguita Valls, Ana Inaraja Arche, Ana Isabel Linares Quevedo, Anna Armengol, Arturo Marzán Gil, Beatriz Angulo Alberca, Beatriz Dupla, Beatriz Santiago Romero de Ávila, Bertha Aj Álvarez, Blanca García Sandoval, Carlos Solera, Carlota Moya Lacasa, César Henríquez Camacho, Concepción Domenech Lampaya, Cristina Gías Gómez, David García, David Martí Sánchez, David Sagredo Garrido, Elena Méndez García, Elena Ramón, Elena Rojo Galobardes, Elena Tévar Valiente, Elidia Molina Herrera, Elliot Urdang, Emilio Martínez de la Llama, Enrique Antonio Velasco Sánchez, Enrique Revilla Sánchez, Esperanza Moya López, Eva Grueso Domínguez, Fátima López Ballero, Fernando García Baladía, Francisco de Borja Rodríguez Aguilar, Francisco Javier Sánchez Ayuso, George Ewbank, Gonzalo Aldamiz-Echevarría del Castillo, Henar Oliveri Guilarte, Herminia Calleja, Icíar Aranzadi Cassin, Icíar Olabarrieta Arnal, Ignacio Aguado La Iglesia, Ignacio Pastor Abascal, Inés Cassín, Inés Pérez, Irene García Morales, Irene Ortega, Iría Durán Lorenzo, Isabel Lucila Ramos del Moral, Javier Arranz Izquierdo, Javier Marco, Javier Martínez, Jennifer Fernández Fernández, Jesús María Juega Mariño, Joaquín Galvañ García, Jon Cabrejas Ugartondo, José Alarcón Cruz, José Alberto Merino Bonilla, José Alejandro González, José Centeno Rubiano, José Ramón Pelayo Gutiérrez, Juan Manuel Barja López, Juan Miguel Pérez Adrover, Juan Olazábal, Juan Rey Biel, Juan Sebastián Ruiz Pérez, Julio César Herrero Campillos, Kathy Dubois, Katie Badillo Navarro, Laura Gómez Lanz, Lea Estelle Denis, Leyre Navarro Echevarría, Lina Carazo Barrios, Lola Ortuño, Lorenzo Alonso Moreno, Lorenzo del Pozo Muñoz, Luis Alejandro Boccalatte, Luis Prieto Álvarez, Luis Quevedo Aguado, Luisa Martos, M. Jesús Aparicio, Marcos Ramírez, María Concepción Tomás Tomás, María Fernández Ibieta, María Gloria González Crespo, María Rodríguez Ortega, María Santiago Acero, María Segura González, María Serrabella Hernández, María Teresa Beleña Cárdenas, María Velasco, Marta Toledo Amor, Matilde María Fraga Sánchez, Mercedes González, Mercedes Itzá, Mercedes Ros, Miguel Ángel Sauras Herranz, Miguel García Boyano, Miquel Carreras Massanet, Mónica Lecumberri, Natalia Casillas Díaz, Neus Bassa Camp, Nuria Simarro Grande, Pablo Albano, Pamela Ross Chávez Díaz, Paula Marín Oliván, Pedro Bazán Virtudes, Rafael Ignacio Márquez Martínez de Orense, Ramón Soliva, Rebeca Losada del Pozo, Remedios Jiménez, Ricardo Ruiz Rodríguez, Rocío Palancas Ochovo, Rocío Vega, Sandra García Alba, Santiago González Virgili, Sara Fernández Cascón, Sara Heili Fradez, Sonia Montealegre Basterrechea, Sonsoles Berenguer, Víctor Arturo Rojas Pernía.

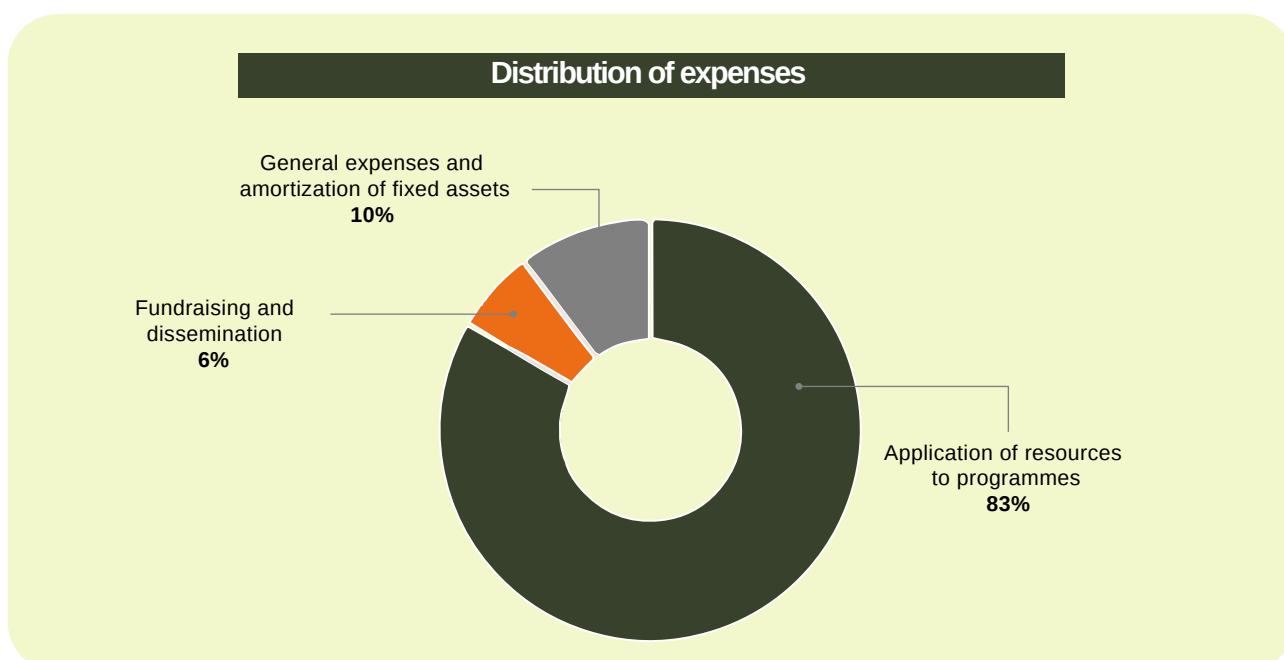
08. Financial information

Transparency is one of the values of our organization; therefore, we publish the financial performance for 2024.

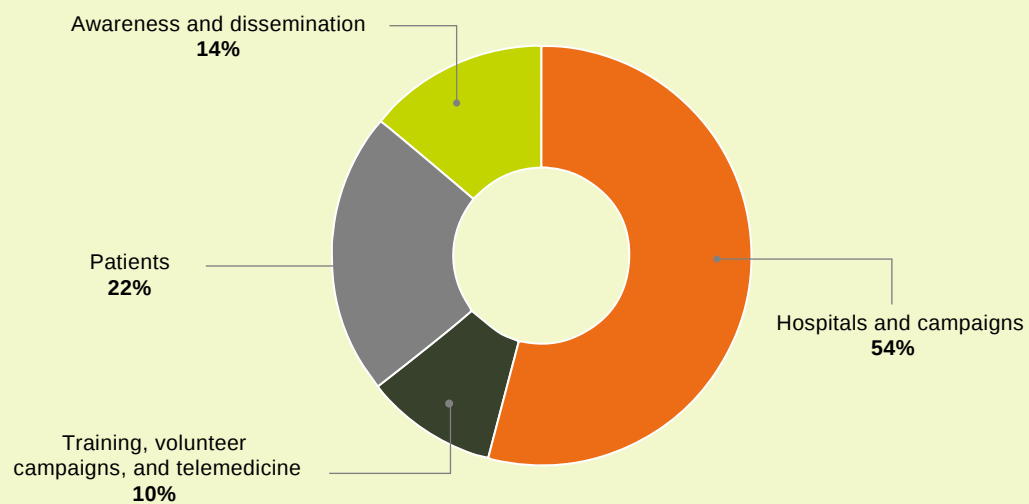
Income 2024: 1.160.249 €



Expenses 2024: 1.159.209 €



Application of expenses according to line of work



Nuestras cuentas están auditadas por **auren**



Cumplimos los 9 principios de transparencia y buenas prácticas de gestión de Fundación Lealtad.





Do you want to join
Fundación Recover?

BECOME A MEMBER

*With just 10 euros a month
you contribute to
improving healthcare in Africa.*



Email: recover@fundacionrecover.org

Phone: +34 914 11 09 68 / +34 648 89 01 87

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www.fundacionrecover.org



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