

Activity report 2025



Índice

1.	Letter from the Executive Director	2
2.	Who we are	3
3.	Our Impact in 2025	5
4.	Areas of Focus	6
4.1.	Strengthening Healthcare Centers in Africa	6
4.2.	Strengthening Local Capacities	12
4.3.	Health Campaigns with the Local Population	19
4.4.	Patients	22
5.	Recover in the Field	24
6.	Awareness-Raising, Advocacy, and Outreach	27
6.1.	Events	27
6.2.	Institutional Positioning	28
6.3.	Communications	32
6.4.	Publications	33
7.	Our Community	34
7.1.	Supporting Organizations	34
7.2.	Individual Partners and Collaborators	35
7.3.	Our Volunteer Network in 2025	36
8.	Transparency and Financial Information	37
8.1.	Expenses and Revenue	37
8.2.	Audits	39

1. Letter from the Executive Director

In 2025, we started to collaborate on areas with humanitarian needs: two regions in Cameroon, the Far North and the Northwest, and in Algeria, the Sahrawi Refugee Camps in Tindouf (in collaboration with the Autonomous University of Madrid). Our medium and long-term cooperation efforts prioritize other regions of Cameroon, Ivory Coast, and Benin.

I would like to express my deepest gratitude to everyone who contributes to Recover Foundation, Hospitals for Africa, to make our mission possible. In 2025, 1,239,078 extremely disadvantaged people accessed dignified and quality healthcare through the 51 Health Centers with which Recover collaborates.

- *Thank you to the people who support the organization with a monthly sum of €10 or more, as well as to those who have donated to a cause or campaign.*
- *Thank you to the Companies, Corporate, and Philanthropic Foundations that have partnered with Fundación Recover as sponsors, allies, or collaborators, as well as to the Civil Society Organizations that partnered with Recover this year. With your support, we carry out projects and Health Campaigns in Africa with the direct participation of 15,655 people.*
- *Thank you to the 94 individuals (Healthcare Specialists) who in 2025, on a voluntary basis, traveled to the field with us, provided online training, or collaborated in diagnosis processes through the Telemedicine Platform. Through their invaluable work, we have strengthened the capacities of 216 health professionals in Africa.*
- *Thank you to the 22 persons who help us in the office, at charity events, or by accompanying patients. The Fundación Recover Volunteer Recognition Award, granted to us by the Community of Madrid, goes to our entire volunteer network.*
- *Thank you to Quirónsalud Hospital in Albacete, the Jiménez Díaz Foundation, and the Ruber Internacional Hospital for welcoming eight patients who came to Spain from Africa to undergo surgery due to a lack of opportunities in their home countries.*

I would like to end these lines acknowledging the motivation, commitment, and hard work of the entire Recover Team, both at headquarters and at our office in Cameroon. We renovate our enthusiasm for another year of hard work.

As an African proverb says: "If you have a lot, give from your possessions. If you have little, give from your heart."



Marta Marañón Medina

General Director of the Recover Foundation

2. Who we are

The Recover Foundation, Hospitals for Africa, is a secular, independent, and nonprofit organization that provides **healthcare cooperation in Africa** since 2007. It is headquartered in Madrid and has a regional office staffed by a local team in Cameroon.

VISION

We envision a world in which everyone in Africa has access to *dignified and high-quality healthcare.*

MISSION

To strengthen the capacities of our partner Health Centers and their staff so that they provide dignified and high-quality healthcare in a sustainable way to low-income people in Africa.

Board of Trustees

Our Governing Body consists of seven members:

President and Founding Trustee:

Víctor Manuel Madera

Secretary:

Celso González

Members:

Gonzalo Aldámiz-Echevarría

Juan Antonio Álvaro de la Parra

Elena Arias

Nicolás Bonilla

Juan Carlos González



Madrid Office

Executive Director:

Marta Marañón Medina

Deputy Director and Head of Administration:

Javier Lasa Benito

CProgram Coordinator; Head of Campaigns and Telemedicine:

Nery Villalobos

Program Manager for the Support for African Health Centers Program:

Leticia Urquiza Froix

Manager of the Volunteering, Training, and Patient Program:

Cristina Rodrigo Ferrán

Program Support Specialist:

Denise Bundt

Partnerships:

Lucía Chicatun (**until September 2025*)

Administrative Support and Community Outreach:

Sonia Gallego Merlo

Cameroon, Yaoundé Office

Representative for Africa and Head of the Cameroon Program:

Emilie Ngonu

Project Specialist:

Marcelle Medou

Support Specialist for the Cameroon Program:

Yves Merlin Amougou

Accounting Administrator:

Julienne Dawaka Kemo

3. Our Impact in 2025

We partnered with **51 Healthcare Centers** in **11** African countries, serving **1,239,078 people**

15,655 people benefited from Fundación Recover's **Health Campaigns**

216 Healthcare Professionals in Africa strengthened their skills.

116 people volunteered with Fundación Recover.

243 people received better diagnoses thanks to **Telemedicine**

8 patients from Africa were treated at **Quirónsalud "Partner Hospitals"**



4. Areas of Focus

Fundación Recover focuses its work on four areas of action: One, providing material support to Health Centers in Africa; two, strengthening the capabilities of their staff; three, conducting Health Campaigns among the population through the centers with which we collaborate, and four, facilitating hospital treatment in Spain for patients who come from Africa.

4.1. Strengthening Healthcare Centers in Africa

Fundación Recover supports the Healthcare Centers with which it collaborates by providing infrastructure, equipment, and assistance for hospital management.

4.1.1. Infrastructure

In 2025, more solar panels were installed, numerous water and sanitation projects were carried out, an operating room was fully equipped, and several spaces adjacent to Health Centers were renovated.

→ **Solar Panels:** Installed to ensure electricity supply in Health Centers for proper functioning. Photovoltaic panels were installed at St. Vincent de Paul Hospital in the West Region of Cameroon.



→ **Water and Sanitation:** The year 2025 was marked by significant efforts in Water and Sanitation Projects. The projects help ensure hygiene and public health to reduce the incidence of diarrheal diseases and typhoid fever.

- At the dispensary in the community of Abing, Southern Region of Cameroon, under the Diocese of Sangmélima and with the support of the Social Enterprise AUARA, the Health Center was provided with drinking water through the rehabilitation of an elevated tank, the installation of a solar pumping system, and the rehabilitation of the water distribution network and sanitation facilities at the center and the school. Three drinking water fountains were also installed: one for the Health Center, one for the school, and one for the community.
- At the Bengbis Health Center in the South Region of Cameroon, in coordination with the NGO Zerca y Lejos and the Diocese of Sangmélima and with support of the Social Enterprise AUARA, the water infrastructures were upgraded with a solar-powered pumping system.



AUARA

- At the Health Clinics in Bucraa and Amgala, located in the El Aaiún region of the Sahrawi refugee camps in Tindouf, Algeria, thanks to the funding of the Navalpotro Foundation, three dilapidated water tanks were repaired to ensure access to drinking water in these desert Health Centers.



- **Operating Rooms:** At the Sta. Raphaëlle Health Center in Yaoundé, capital of Cameroon, an operating room was installed and equipped with an operating table, an anesthesia machine, a defibrillator, a mobile laparoscope, a multi-parameter monitor, an electric syringe pump, a pulse oximeter, and an oxygen concentrator, all these to improve patient care and safety. The operating room is now fully functional. The first surgery performed in it was a cesarean section.



→ **Renovation of Facilities:**

- At the Saint Laurent Health Center, located in a marginal peri-urban area of Abidjan (economic capital of Ivory Coast), construction was completed on an outdoor metal structure that provides shelter from rain and sun during child nutrition campaigns.



- At the Health Center in the Auserd Wilaya, the Sahrawi Refugee Camps of Tindouf, Algeria, a roof was built over the reception area so that mothers and children, and the population in general, do not have to endure the sun and high desert temperatures while waiting outside to be attended.
- At the Protestant Hospital in Njissé, in the West Region of Cameroon, improvements were made to the facility that houses volunteers, healthcare workers, and administrative staff who participate in various projects and campaigns.

Encantos de
Menorca

4.1.2. Equipment

In many Health Centers, equipment for various services was upgraded.

→ Patient Evacuation and Healthcare Services for Rural Communities

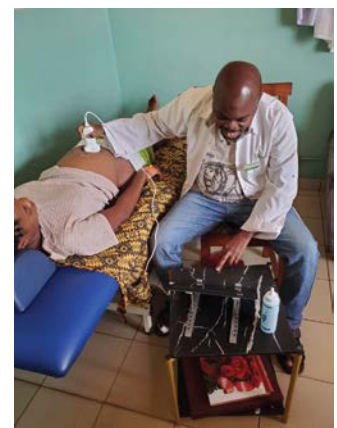
- In Fouban, West Region of Cameroon, thanks to the support of the Mutua Madrileña Foundation, a new **motorcycle ambulance** service was launched. It enables the evacuation of patients, children and women as top priority, from 14 Health Clinics (located mainly in remote and rural areas) to the Njissé Protestant Hospital to receive better medical care. These ambulances travel to isolated communities to provide healthcare to people who cannot even reach rural health clinics. The ambulances also enable the transport of patients from the most isolated areas and extreme vulnerable populations, who lack the means to pay for transportation, to health clinics where they will access medical services.



FUNDACIÓN
MUTUAMADRILEÑA

→ Maternity Care

- The center in Bafoussam, in Cameroon's West Region, was equipped with a **portable ultrasound machine** and a **printer**, thanks to the collaboration of the Roviralta Foundation. The ultrasound machine will be used for prenatal care of pregnant women and will enhance the center's diagnostic capabilities for liver, abdominal, urological, and pelvic conditions.



FUNDACION
mariafranciscade
ROVIRALTA

- At the Claudine Echernier Center in Yaoundé (capital of Cameroon), supported by the Ordesa Foundation, the maternity ward and operating room was upgraded with an autoclave sterilizer, oxygen cylinders, pediatric infusion sets, and a pediatric blood pressure monitor, among other medical supplies, as part of the second phase of a project that has equipped the center with an **oxygen distribution network**.

FUNDACIÓ
ORDESA

- At Endulen Hospital in Arusha, Tanzania, which serves the Maasai population living in the Ngorongoro Conservation Area, with the support of Ratpanat -a Spanish sustainable tourism company operating in the region-, the maternity ward and surgical unit was strengthened with the acquisition of an **emergency cart for cardiac arrest**, equipped with a defibrillator and specific medication, an infant warmer, a delivery lamp, an operating room stool, and two pulse oximeters.



→ Neonatology

- The Kueka Medical Center, in the West Region of Cameroon, was equipped with an **incubator and two oxygen concentrators** thanks to support from Hersill.



→ Radiology Service

- At the Catholic Medical Center in Batcham, in the West Region of Cameroon, thanks to the collaboration with Roviralta and Vibra Hotels, the digitization of the **X-ray machine** was completed. It significantly improves the image quality.



→ Laboratory

- An ELISA **plate reader** was acquired for the laboratory at the Batcham Catholic Medical Center thanks to funding from Encantos de Menorca. It enhances the diagnosis of infectious diseases such as HIV, Hepatitis B and C, and syphilis, among others.
- The laboratory service at the Kueka Medical Center was ameliorated with an ELISA **plate sterilizer** thanks to the support from Hersill. It helps improve the quality of the clinical laboratory service.



→ Comprehensive Support for Health Centers

- Following a fact-finding mission, support was provided to the Mère et Enfant Concha-Arraiza Health Center in Bogo, with an initial supply of equipment that includes a sterilizer, a delivery bed, two pulse oximeters, two blood pressure monitors, a height measuring device, as well as the installation of an air conditioning unit to improve the center's operations, patient reception, and the maternity ward. This center is in the **Far North Region** of Cameroon, one of the most vulnerable areas of the country. It serves both the local population and internally displaced persons.

4.1.3. Hospital Management

Recover puts increasing emphasis on efforts to improve the sustainability and financial autonomy of Healthcare Facilities and to strengthen quality assurance and other patient care services.

→ Laundry Services

- Laundry services at the Ste Raphaëlle Marie Medical Center and the Claudine Echernier Catholic Hospital, both in Yaoundé (capital of Cameroon), were improved through the acquisition of washer and dryer machines. The machines ensure the hygiene of medical textiles used in the operating room and all throughout the hospital.

→ Computerization

- In Batcham, West Region of Cameroon, with the support of Vibra Hotels, the computerization of 11 hospital departments among them Pharmacy, Cashier's Office, and Laboratory, was completed through the provision of computers and the implementation of a Hospital Management Program.



→ Pharmacy Management

- At the Protestant Hospital in Njissé, West Region of Cameroon, thanks to the support of four volunteer pharmacists, the pharmacy management (one of the main sources of revenue for Healthcare Facilities) was improved through the rational use of medications and proper monitoring of expiration dates to enhance the quality and safety of patient care.

Encantos de Menorca

→ Waste Management

- At the Batcham Catholic Medical Center, with funding from SEDISA, a project is underway to improve the inpatient ward and waste management to reduce the risk of infections and enhance the quality of patient care.



4.2. Strengthening Local Capacities

This program strengthens local capacities through various initiatives. For example, on-site volunteer training campaigns, online training with volunteers, telemedicine with volunteers, scholarships or training projects in Africa, and professional rotations in Spain.

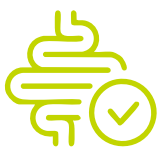
The economic value of professional volunteering in 2025 is estimated at **€ 206.520**

4.2.1. Field Volunteer Campaigns

Training campaigns with international volunteers in Africa

In 2025, **16 international field Volunteer Campaigns** were carried out. They involved a total of **44 volunteers** who traveled to five countries: Algeria (Sahrawi refugee camps), Benin, Cameroon, South Sudan, and Tanzania.

Sahrawi Camps (Algeria)



- **Training in Gastroenterology:** Dra. Andrea Bravo Periago y Dra. Mónica Vega Bayoll (family physicians)



- **Training in Cardiology:** Dr. Joana Ugalde Lázaro (family physician) and Dr. Marcos Fragiél Saavedra (internist)



- **Training in Respiratory System:** Andrea Gil Cerrón (nurse) and Irene García España (nurse)

→ **17 healthcare professionals were trained in the three specialties and an average of 100 patients were treated per training campaign**



Benin



- **Nursing Support:** Gloria González Crespo (retired nurse)

- **4 local healthcare professionals trained**
- **200 patients treated**

Cameroon



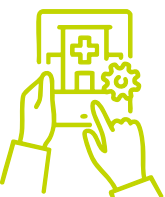
- **Minor Surgeries:** Dr. Luis Boccalate (surgeon), Dr. Anna Curell (surgeon), Marta Navarro (nurse), Meritxell Riba (nurse), and Dr. Darío Carvajal (anesthesiologist)

- **42 patients treated**
- **41 surgical procedures performed**
- **8 local healthcare professionals trained**



- **Pediatric Surgeries:** Dra. María Fernández Ibieta (pediatric surgeon)

- **30 children underwent surgery**
- **6 local healthcare professionals trained**



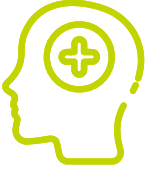
- **Hospital Management:** Guadalupe González (nurse), Mercedes Olivet (nurse), Montserrat Busquets (nurse), and Gloria González (retired nurse)

- **8 local healthcare professionals trained in two centers in Cameroon on hygiene protocols and human resources management**



- **Pharmacy Management:** María Gené, Sofía Olmeda, Esperanza Lezana, and Francisco Pagán (pharmacists)

→ **8 local healthcare professionals trained**



- **Mental Health (Psychiatry):** Dr. Joaquín Galvan (psychiatrist).

→ **Capacity building for local healthcare professionals**
→ **3 local healthcare professionals trained**



- **Dentistry:** Emilio Martnez de la Llama, Celia Crespo, Milagros Velasco y Jaime Real (dentists).

→ **297 patients treated**
→ **4 local healthcare professionals trained**



- **Follow-up on the NUTRI-m Campaign:** Dra. Miriam Domingo Fuster (pediatrician) y Laura Macas Silva (nurse).

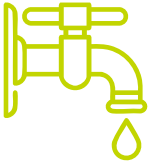
→ **4 local healthcare professionals trained**
→ **80 patients treated**



- **Follow-up on the CHANGE-m Cardiovascular Risk Prevention Campaign:** Dr. Javier Sanchez Ayuso (internist).

→ **4 local healthcare professionals trained**
→ **75 patients treated**





- **Water and Sanitation Study:** Jorge Martínez Rodríguez-Malo y Manuel Martín-Oar (engineering students).

→ **As part of a collaboration with the Higher Technical School of Civil Engineering at the Polytechnic University of Madrid, to add value to Fundación Recover's proposals and strengthen the needs assessment**

South Sudan



- **Eye Care Campaign:** Dr. Blanca García Sandoval (ophthalmologist), Dr. M. Jesús Aparicio (ophthalmologist), Dr. Carlos Moser (ophthalmologist), Dr. Mónica Lecumberri (ophthalmologist), Dr. Rocío Vega (ophthalmologist), Carlos Solera (ophthalmology resident), Javier Marco (optician), and María del Carmen Ramírez (optician)

→ **228 surgical procedures**
→ **1,462 patients examined**
→ **10 local healthcare professionals trained**



Tanzania



- **Pediatric Checkups:** Dr. Patricia Arias (assistant pediatrician), Dr. Henar Oliveri (R4 pediatrician), and Dr. Marta Fernández (R3 pediatrician)

→ 156 children treated
→ 3 local healthcare professionals trained



- **Gynecological and Obstetric Campaign:** Dra. María del Rosario Noguero (gynecologist) y Elena Kineen (nursing student).

→ 56 women treated
→ 3 local healthcare professionals trained



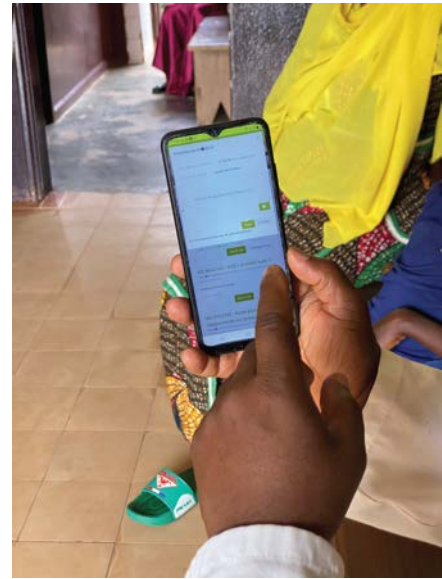
4.2.2. Online Training with Volunteers

Specialist volunteers have designed and delivered ad hoc training to strengthen the **capabilities of African Healthcare Professionals** through remote training.

- **Pediatrics Course on Moodle:** A comprehensive training program led by pediatricians from the **Jiménez Díaz Foundation University Hospital** was delivered. **Twenty-five students from Cameroon and Benin** successfully completed the training program.
- **Pharmacy Management:** To optimize the supply chain and the use of medications, four volunteer pharmacists have trained eight professionals at the Protestant Hospital of Njissé (Cameroon).
- **Pediatrics Expert Program (Continuing Education):** This program offers specialized sessions on critical conditions in the form of “Training Modules.” In 2025, Dr. Luis Prieto led a session on managing HIV in children and adolescents, while Dr. Katie Badillo led the training on measles treatment. The sessions were attended by **40 African Healthcare Professionals**.

4.2.3. Volunteer-Based Telemedicine

The Telemedicine Platform is a tool that connects healthcare professionals in Africa with Spanish specialists who volunteer assisting in the diagnosis of complex clinical cases referred from African Healthcare Centers with which Recover collaborates. In addition, it includes a component for strengthening local capacities, as it features a Media Library where articles and bibliographic references are shared, and it facilitates bilateral and group exchanges through specialized learning communities.



By 2025, these results were achieved:

- **243 diagnostic cases** shared
- **19 Healthcare Centers in Africa** participated
- **35 volunteers**, most of them Spanish, collaborated through the platform
- **107 bibliographic references were uploaded to the Media Library**



4.2.4. Scholarships and Training Projects in Africa

→ Scholarships

To promote specialization and retain local talent, the foundation runs a Scholarship Program in Cameroon. **Three healthcare professionals** completed postgraduate and technical specialization studies in 2025:

- **Specialization in Ophthalmology:** Fadimatou Mapon
- **Master's Degree in Public Health and Epidemiology:** Hermann Gaël Nampa
- **Specialization in Ultrasound:** Magloire Ngomateua Djoimeni

→ Training Projects

As a result of the specialized training he received in Tanzania with the support of the Recover Foundation, Dr. Bonny Dalle (Director of the Protestant Medical Center in Bafoussam) led technical training for his colleagues in Cameroon. In total, training in Neonatal Care was provided to **58 healthcare professionals from 10 Cameroonian Health Centers**. These sessions received academic support from Professor of Pediatrics Carlos Ramos of the University of California, San Diego (School of Health Sciences), consolidating a network of experts in Neonatal Health.

Training Literature Review for Students and Healthcare and Mental Health Professionals in partnership with the Local Cameroonian Association SARISPSY-Santé. With the support of Vibra Hotels, the training program in Literature Review to ameliorate academic excellence and reduce plagiarism in the Health Sciences, has been completed. Through the course and the use of digital tools and the Telemedicine Platform's Media Library, the project has benefited **168 students and 20 key stakeholders**, including thesis advisors and directors of Health Schools in Cameroon.

4.2.5. Professional Rotations in Spain

Rotation in General and Digestive Surgery: Dr. Martial Ngounzo, a general practitioner at the Monavebe Medical Center (Cameroon), completed a specialized training program at the **Jiménez Díaz Foundation University Hospital** (Madrid).



4.3. Health Campaigns with the Local Population

In 2025, the Recover Foundation continued its flagship NUTRI-*m* Campaign to prevent and reduce child malnutrition in Africa, the LIFE Maternal and Child Health Campaign to ensure prenatal care for pregnant women, and the STOP PALU Campaign to reduce the impact of malaria on children. It strengthened CHANGE-*m*, a campaign launched in the previous fiscal year, to prevent cardiovascular risk, and implemented LIFE-Amplify, a Maternal Health Campaign in Ivory Coast which focuses on Mental Health.



4.3.1. NUTRI-*m*

The **NUTRI-*m* Campaign** promotes the **prevention and reduction of child malnutrition among children** aged six months to five years-old. Since 2021, it has reached more than 7,000 children and educated over 4,000 mothers and caregivers on good nutritional and hygiene practices. NUTRI-*m* uses a specially designed computer program to assess children's nutritional status and sends awareness-raising SMS messages. The project provides supplements, vitamins, medication, and high-calorie milk based on the children's needs, as well as preventive care. It also covers the costs of hospitalization for children in critical condition.

In 2025, the campaign was carried out at ten Healthcare Centers in three countries: Cameroon, Ivory Coast, and Benin, benefiting **2,504 children**. The campaign was possible thanks to contributions from individuals, companies (Encantos de Menorca), corporate foundations (AFG, Atlantic Group Foundation, and Fundación Sanitas), and associations (ASPE—Spanish Private Healthcare Alliance, and CAMFiC—Catalan Society of Family and Community Medicine).



4.3.2. LIFE

The **LIFE Campaign** is an initiative to **improve maternal and child health** for pregnant women and their newborns in vulnerable situations. Mothers receive comprehensive prenatal care (ultrasounds and laboratory tests), ensuring proper monitoring during pregnancy, childbirth, and the postpartum period. The campaign raises awareness among expectant mothers on various topics related to maternal and child health.

LIFE was implemented in three Health Centers in Cameroon and Benin, benefiting **564 women and 482 newborns, and raising awareness among 3,624 people**, including pregnant women, women of childbearing age, and men. This campaign was possible thanks to donations from individuals, companies (Bristol Myers), corporate foundations (IVIRMA Global Foundation), and associations (ASPE—Spanish Private Healthcare Alliance), ultimately **benefiting a total of 4,329 people**.

4.3.3. STOP PALU

The **STOP PALU Campaign** to raise awareness, prevent and treat malaria among children, was carried out in two Health Centers in Cameroon and eight schools with the participation of the local association SARISPSY-Santé and thanks to the collaboration of companies (Sabadell Asset Management and Lilly Laboratories), and a donation of mosquito nets from the Cameroon Office of the World Health Organization (WHO). The campaign benefited 2,180 people.



4.3.4. CHANGE-m



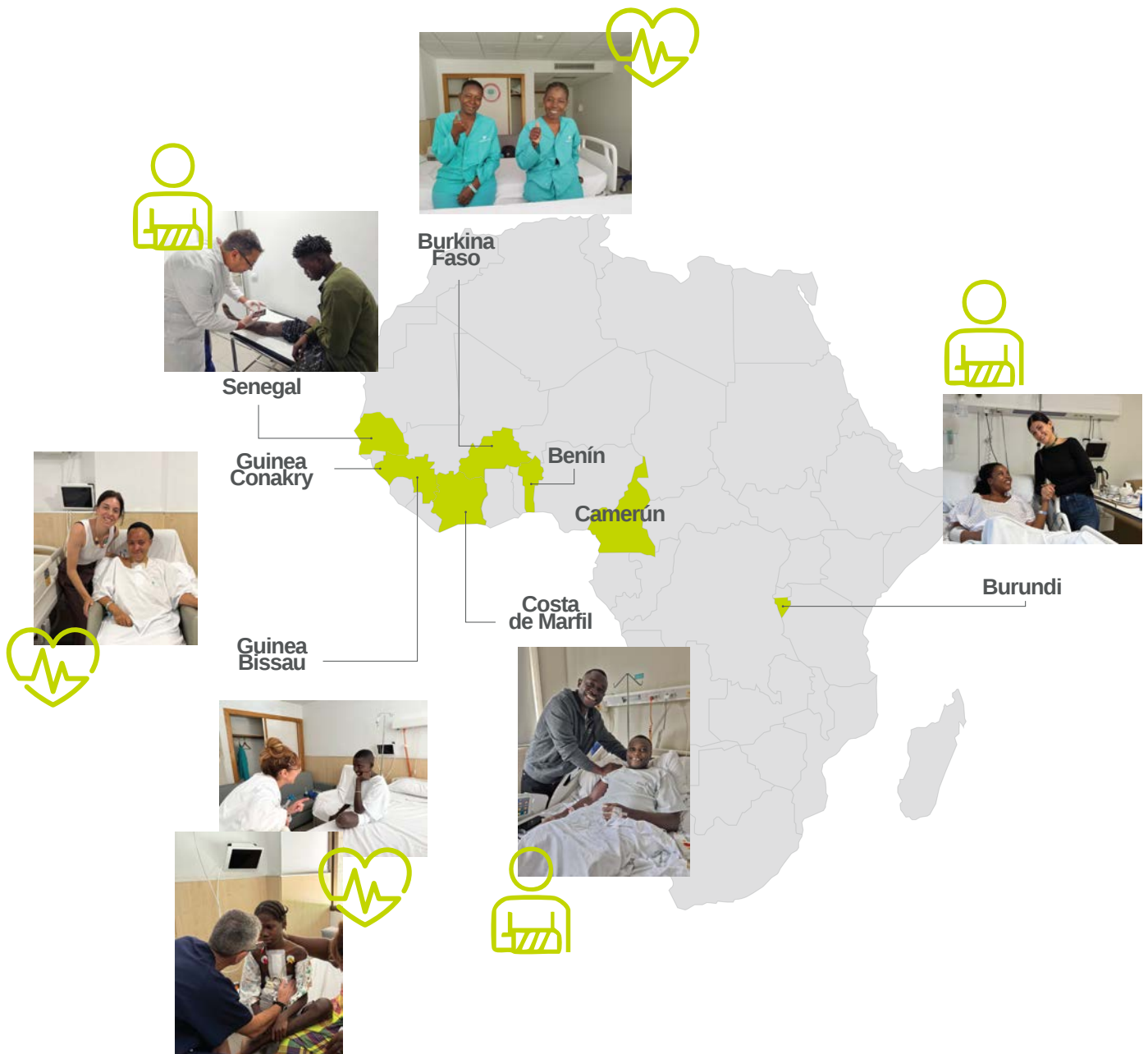
The **CHANGE-m Campaign** aims to **prevent and reduce cardiovascular risk** in vulnerable populations over the age of 30 in sub-Saharan Africa. The health practitioners provide primary care, early diagnosis, medical follow-ups, and the promotion of healthy habits to help reduce morbidity and mortality from cardiovascular diseases (CVD). In 2025, a computer tool was introduced to facilitate the calculation of the risk of developing CVD, benefiting the population of four Health Centers in Cameroon and Ivory Coast. As part of this process, **379 people received medical follow-up and health education**. This initiative was carried out thanks to funding from companies (Encantos de Menorca, Laboratorios Rovi, Vibra Hotels) and a corporate foundation (AFG, Atlantic Group Foundation).

Laboratorios Rovi, Vibra Hotels) and a corporate foundation (AFG, Atlantic Group Foundation).

4.3.5. LIFE - Amplify

The **LIFE - Amplify Campaign**, similar to the LIFE Prenatal Care Initiative, incorporates a key mental health component. In addition to **prenatal care, psychological support** was provided to **211 pregnant women**, some of whom have mental health issues and others who received preventive care. In total, **4,210 people have been reached** including pregnant women and men in the catchment area of three Health Centers in Bouaké, Ivory Coast. The initiative was carried out in collaboration with the local Mindful Change Foundation and was funded by the corporate foundation AGF, the Atlantic Group Foundation.

4.4. Patients



The goal of the Patients Program is to offer a surgical alternative in Spain to people whose complex conditions make it impossible to undergo surgery in their home countries in Africa because of the lack of financial, technical, or specialist resources.

In 2025, eight patients from Burundi, Burkina Faso, Ivory Coast, Guinea Conakry, Guinea-Bissau, and Senegal received treatment in Spain thanks to the solidarity of our network of partner hospitals: **Quirónsalud Albacete**, the **Jiménez Díaz Foundation University Hospital**, and the **Ruber Internacional University Hospital**.



Cardiovascular Health

Under the direction of **Dr. Gonzalo Aldámiz-Echevarría**, a trustee of the Foundation and Head of the Cardiac Surgery Department at Quirónsalud Albacete, six critical cases were treated. Among them were the young patients **Autinha and Sam**, who came from Guinea-Bissau referred by the NGO **AIDA**, and **Fatou** from Guinea-Conakry, who underwent surgery for valvular conditions and aneurysms. **Aseto** and **Natacha** from Burkina Faso underwent surgery after been evacuated via Mali, as it was difficult to leave the country.

We announce with deep sadness the passing of **Aseto Lingani**. After undergoing successful surgery for a cardiovascular condition, Aseto died unexpectedly during the hospital stay. The Recover Foundation, in accordance with the family wishes, arranged for the repatriation of the body so that Aseto could rest in peace at home.



Orthopedics

At the Jiménez Díaz Foundation University Hospital, **Dr. Pedro Gray Laymon** treated **Junior** (Ivory Coast) for a knee condition, and **Mbaye** (Senegal) from osteomyelitis of the tibia. In the latter case, the medical team opted for conservative treatment involving debridement and antibiotics to control the infection without the need for major surgery.



At the HU Ruber Internacional, **Dr. Inmaculada Gómez Arrayás** led the highly complex case of **Marléne** (Burundi). In the field of Orthopedics, the patient presented a severe, chronic infection of her right hip prosthesis and a vascular necrosis in her left hip. The prosthesis was removed, and a total left hip replacement was performed. Two other surgeries were required due to dislocations.

Marléne has also been treated for renal and gynecological issues.



Innovation and Technical Support

Technology has also been a catalyst for change this year. Thanks to our partnership with the NGO **Ayúdame3D**, we have facilitated the delivery of mechanical prosthetics that enhance our patients' independence and improve their future:

- **Elgie** (Republic of the Congo) received a hand prosthesis.
- **Adamou** (Cameroon) received an arm prosthesis.

5. Recover in the Field

Fulfilling the mission of the Recover Foundation would not have been possible without the direct presence of our technical and management team in the countries where we work. These trips are the driving force that allows us to conduct exploratory missions to assess whether it is appropriate or not to collaborate in a new territory, carry out need assessments through active listening and in a participatory manner, monitor our projects to ensure their proper implementation, and strengthen ties with our local partners.

- **Scouting** missions: to the Democratic Republic of the Congo, the Sahrawi Refugee Camps in Tindouf, Algeria (in collaboration with the Autonomous University of Madrid), and to Mauritania (in partnership with the Human Coop Association)
- **Trips to forge Partnerships:** to Ivory Coast with the Atlantic Group Foundation
- **Volunteer Support:** to Tanzania and the Sahrawi refugee camps (in Tindouf, Algeria)
- **Ongoing Project Monitoring:** in Cameroon and Benin

Campamentos saharauis



Mauritania



Alianzas en Costa de Marfil y Camerún



Región Extremo Norte de Camerún



Acompañamiento a voluntarios en Tanzania y Campamentos Saharauis



6. Awareness-Raising, Advocacy, and Outreach

Recover Foundation promotes its work and raises public awareness by organizing events in Spain and Cameroon, as well as through its communication efforts in the media, digital channels, and publications. The foundation has also participated in specialized events, panels, and forums specific to the cooperation or healthcare sectors, as well as in activities organized by the public and private sectors or by civil society.

6.1. Events

6.1.1. Events in Spain

Charity Exhibition and Auction

The Recover Foundation, in collaboration with the **Valart Gallery**, held the charity exhibition and auction “**From the Essentials**”. The event, organized at the Pons Foundation (Madrid), brought together 13 artists who donated their pieces, as well as a portion of the proceeds from their sales to support our mission in Africa.

The €14,634 raised has transformed the healthcare reality for 19,500 people living in the West Region of **Cameroon** who have access to the Health Centers that have benefited from this support. This support has resulted in the strengthening of **Neonatal Care**:

- Bafoussam Protestant Medical Center: An incubator with phototherapy, a laryngoscope, a pediatric pulse oximeter, and an oxygen extractor, among other items, were purchased for the maternity and neonatal units.
- Kueka Medicalized Health Center: The neonatology service was strengthened through the purchase of a phototherapy lamp, the repair of a neonatal ventilator, and a three-day intensive training program for healthcare staff focused on operating the new equipment and providing pediatric emergency care.



“Health for Africa” Charity Concert

For the third consecutive year, Madrid’s Sala Morocco hosted the “**Health for Africa**” Charity Concert, an event that brought together music and social commitment. The event was made possible thanks to the altruistic performance by the band **Soul Track**.

The €7,323.50 raised through ticket sales, the “row 0” donation, and contributions from associations such as ASPE and companies like GADISA has been the driving force behind training specialists, a key factor that will indirectly benefit nearly 130,000 people who visit the centers where they work. These funds have been allocated to scholarships and training programs for **33 healthcare professionals** from 11 centers in Burkina Faso, Cameroon, and Ivory Coast, in four critical areas: **Gynecology, Neonatology, Hospital Management, and Anesthesia**.

- Specialization in Neonatal Care (Cameroon): Intensive training funded for 30 professionals from 8 Healthcare Centers
- Master’s degree in Anesthesia (Burkina Faso) for the training of a nurse
- Specialization in Gynecology (Cameroon) for a physician
- Hospital Management (Ivory Coast): Intensive training for a technician aimed at improving the center’s efficiency and sustainability



Charity Flea Markets

In addition to our own initiatives, in 2025 we participated in Africa Day with the Albacete City Council and in ASOMEGA’s Charity Concert to support healthcare in the Sahara alongside the UAM. This work was complemented by charity flea markets in Albacete and at the offices of partner companies such as Bristol Myers, GSK, Quirónsalud, and Banco Santander.



6.1.2. Events in Cameroon

Strategic Seminar on Malaria

At the headquarters of the **Ministry of Foreign Affairs in Yaoundé**, we organized a technical workshop on “Malaria and its devastating effects in Sub-Saharan Africa: Recover Foundation’s initiative to reduce the social impact of malaria in Cameroon,” during which we presented a detailed report on the results of our campaigns.

The event was attended by the **Secretary General of the Ministry of Foreign Affairs**, the **Ambassador of Spain to Cameroon**, as well as representatives from the **WHO** and the **Ministry of Health**. This workshop allowed us to coordinate strategies with civil society organizations and professionals from our network of Health Centers to continue working effectively against the disease.



Ministry of Foreign Affairs of Cameroon

The Executive Director of Fundación Recover and the head of our office in Cameroon were received in an official audience by the **Minister of Foreign Affairs, Félix Mbayu**. During this meeting, which was attended by His Excellency the Ambassador of Spain, **Ignacio García Lumbreras**, the strategic lines of cooperation and the Foundation’s long-term commitment to the Cameroonian Healthcare System were discussed.



WHO Office in Cameroon

The Executive Director of Fundación Recover and the Head of the Cameroon Program were also received by the WHO Representative in Cameroon, whom they thanked for the donation of 700 mosquito nets that were distributed during the Malaria Prevention Campaign at Health Centers and schools.

Telemedicine Awards

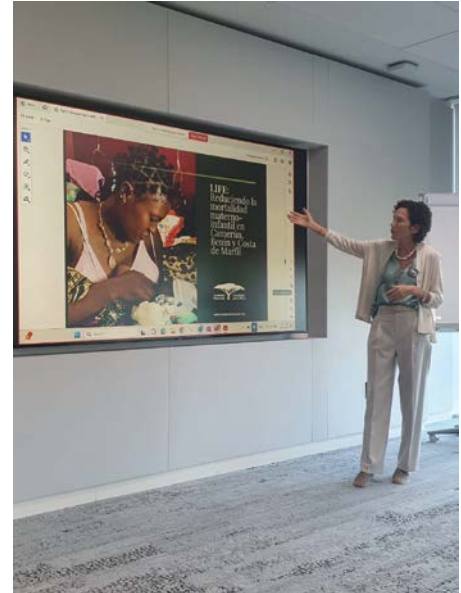
As we do every year, we held one of our most significant events in Cameroon: the **Telemedicine Awards**. This annual event aims to recognize and encourage the commitment of local healthcare professionals who use our Teleconsultation Platform. It is a gathering and motivational event that rewards excellence and the use of technology as a tool to save lives in areas where access to specialists is limited.

6.2. Institutional Positioning

In terms of visibility and institutional recognition, 2025 has been a year of significant milestones. Our work was honored by the **Community of Madrid** with the Volunteer Recognition Award, while the **Mutua Madrileña Foundation** recognized our Mobile Clinic Project in Cameroon. In addition, innovative programs such as NUTRI-m were finalists in the SaluDigital Awards and presented at leading forums such as the **30th Congress of the CAMFiC** (Catalan Society of Family and Community Medicine) in Reus.



Our active presence at the opening of the conference “Challenges of Artificial Intelligence for Mental Health” organized by the **Health, Research, and Well-Being** sectoral working group of the **Spanish Association of Foundations (AEF)**, at the closing of the Second **López-Ibor Permanent Forum on Mental Health**, and our participation in World Patient Safety Day at Bristol Myers Squibb, have solidified our voice in the Health Cooperation Sector.



At the hospital level, the Executive Director presented the work of the Recover Foundation at the Gynecology Unit of the **Infanta Elena University Hospital in Valdemoro (Madrid)** and at the **Quirónsalud Centers in Castilla-La Mancha and Extremadura**, aiming to establish collaborative partnerships.

In the academic sphere, the **San Juan de Dios School** awarded a prize to a scientific article on our **Telemedicine Program**.



Completing these achievements, the Executive Director of Fundación Recover was named one of the “**Top 100 Honorary Women Leaders in Spain**” in El Español’s ranking, in the category of Public Service, Institutional, and Social Impact.

6.3. Communications

Throughout 2025, the Communications Department has focused on managing media relations, developing materials for events and campaigns, and strengthening digital channels.

Media

In 2025, Fundación Recover generated **193 media mentions** and reached an **audience of over 473 million people**

- **Nine press releases** were issued
- The Executive Director gave **15 media interviews** (TeleMadrid, RTVE, Onda Madrid, Capital Radio, among others) and authored an op-ed in *Corresponsables'* SME Yearbook.

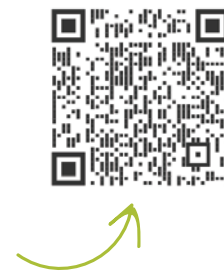
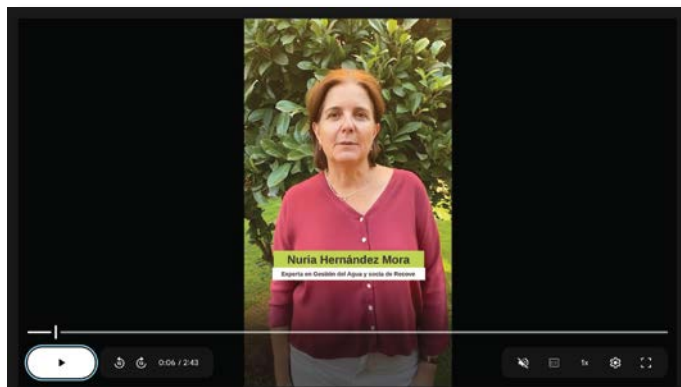


- Reports on the Foundation's work were published in the **ABC** newspaper, the 21 publications of the **Vocento Group, ASOMEGA, and Prensa Social**.
- Two poster campaigns were carried out in **Madrid's Newsstand Network**, with displays in locations such as Puerta del Sol, Gran Vía, and Goya.

Digital Channels

Digital activity has focused on updating platforms and creating content for social media:

- **Website:** The site recorded **71,500 annual visits**, primarily from Spain (86%) and the United States (4%). During the fiscal year, the website underwent a major overhaul, and landing pages were developed for the charity exhibition and the collaboration with Ratpanat.
- **Social Media:** More than **120 strategic posts** were published on LinkedIn, Instagram, Facebook, and TikTok, exceeding **5.8 million total views**.
- **Direct Communication:** Awareness campaigns were implemented via **WhatsApp**, targeting current members, former collaborators, and new contacts, using specific audiovisual materials such as member testimonial videos.



6.4. Publications

In 2025, a report was published on the campaigns Recover has carried out to prevent malaria in Cameroon, detailing its experience, lessons learned, results achieved, and recommendations for improvement aimed at various stakeholders:

Report on **“Malaria and Its devastating effects in Sub-Saharan Africa: The Recover Foundation’s initiative to reduce the social impact of malaria in Cameroon”**

Available at:



7. Our Community

7.1. Supporting Organizations

MECENAS



ALIADOS



COLABORADORES



PRO BONO



OTROS COLABORADORES

Caycha Information Technology, Divisa IT, Fundación Luz Solidaria, Fundación Accenture, Fundación AMA, Gadisa S.L, Multiboxes S.L, Openbank, Parroquia Santa María de Caná, Ipsos Iberia, Orange,

HOSPITALES ALIADOS EN ESPAÑA

Hospital Quirónsalud Albacete, Hospital Quirónsalud del Vallès, Hospital Ruber Internacional, Hospital Universitario Fundación Jiménez Díaz, Hospital Universitario La Luz, Hospital Universitario Quirónsalud Madrid

TRABAJO EN RED, ALIANZAS Y COLABORACIONES CON ENTIDADES DE LA SOCIEDAD CIVIL:



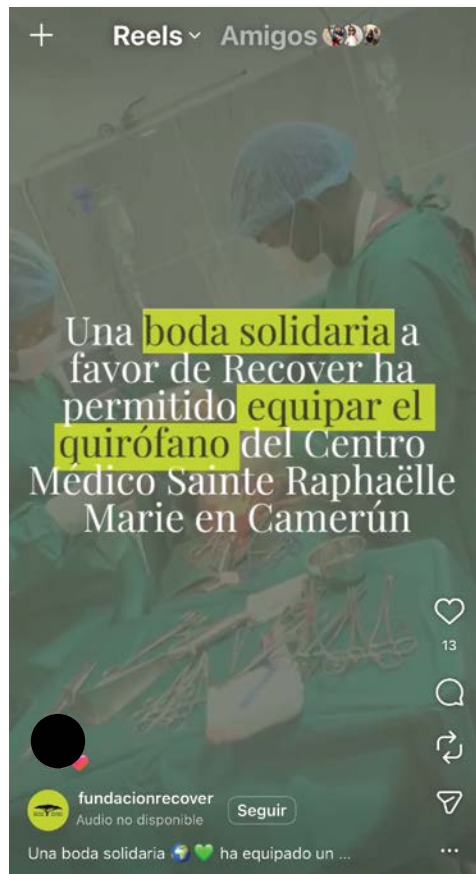
7.2. Individual Partners and Collaborators

Recover Foundation ends the year with **1,000 members** and consolidates the membership base it built in the previous year.

Charity Wedding

In 2025, Recover Foundation managed projects funded or co-funded through private initiatives, notably including a donation received from a charity wedding. Thanks to the generosity of Marta and Olaf, who decided to convert their wedding gifts into funds to carry out our mission, we carried out various interventions in 15 Health Centers across four countries, with a direct impact on the medical care of nearly 30,000 people.

Among the accomplishments thanks to the funds raised from the charity wedding, the following stand out: the installation and equipping of an operating room in Cameroon, solar panels for three hospitals in Cameroon, the comprehensive renovation of a Health Center in the Far North region of Cameroon, the equipping of a clinic in western Cameroon, a fetal monitor for the neonatal unit of a Health Center, an inverter for the pathological anatomy laboratory in Burundi, and training grants and Health Campaigns with the local population.



7.3. Our Volunteer Network in 2025

We extend our gratitude to the 113 professionals and collaborators whose commitment and selfless dedication have made every achievement of the Foundation in 2025 possible:

*Ignacio Aguado
Pepe Alarcón
Pablo Albano
Gonzalo Aldámiz-Echevarría
Lorenzo Alonso Moreno
Bertha Aj Álvarez (Tita)
M. Jesús Aparicio
Iciar Aranzadi
Patricia Arias
Javier Arranz
Katie Badillo Navarro
Juan Barja López
Neus Bassa
Pedro Bazán
Amparo Benedicto Buendía
Luis Boccalate
Andrea Bravo Periago
Montserrat Busquets
Jon Cabrejas
Herminia Calleja
Lina Carazo Barrios
Darío Carvajal
Natalia Casillas
Inès Cassin
Juan Antonio de los Cobos
Celia Crespo
Anna Curell
Concepción Doménech Lampaya
Miriam Domingo Fuster
Iria Durán
Ana Belén Enguita Valls
George Ewbank
Marta Fernández
María Fernández Ibieta
María Fernández Piera
Sara Fernández
Marcos Fragiel Saavedra
Joaquín Galván*

*Fernando García Baladía
Irene García España
Blanca García Sandoval
Miguel García
María Gené Amenós
Cristina Gías Gómez
Andrea Gil Cerrón
Inmaculada Gómez Arrayás
Laura Gómez Lanz
Gloria González Crespo
Santiago González Virgili
Guadalupe González
Santiago González
Pedro Gray Laymon
Eva Grueso
César Henríquez
Julio César Herrero Campillos
Teresa Huarte
Catherine Joly Dubois
Souhalia Kalam
Elena Kineen
Mónica Lecumberri
Esperanza Lezana
Ana Linares Quevedo
Fátima López
Rebeca Losada
Laura Macías Silva
Javier Marco
Paula Marín Olivar
Rafael Márquez Martínez de Orense
Manuel Martín-Oar
Emilio Martínez de la Llama
Jorge Martínez Rodríguez-Malo
José Alberto Merino
Elidia Molina Herrera
Carlos Moser
Carlota Moya Lacasa
Esperanza Moya*

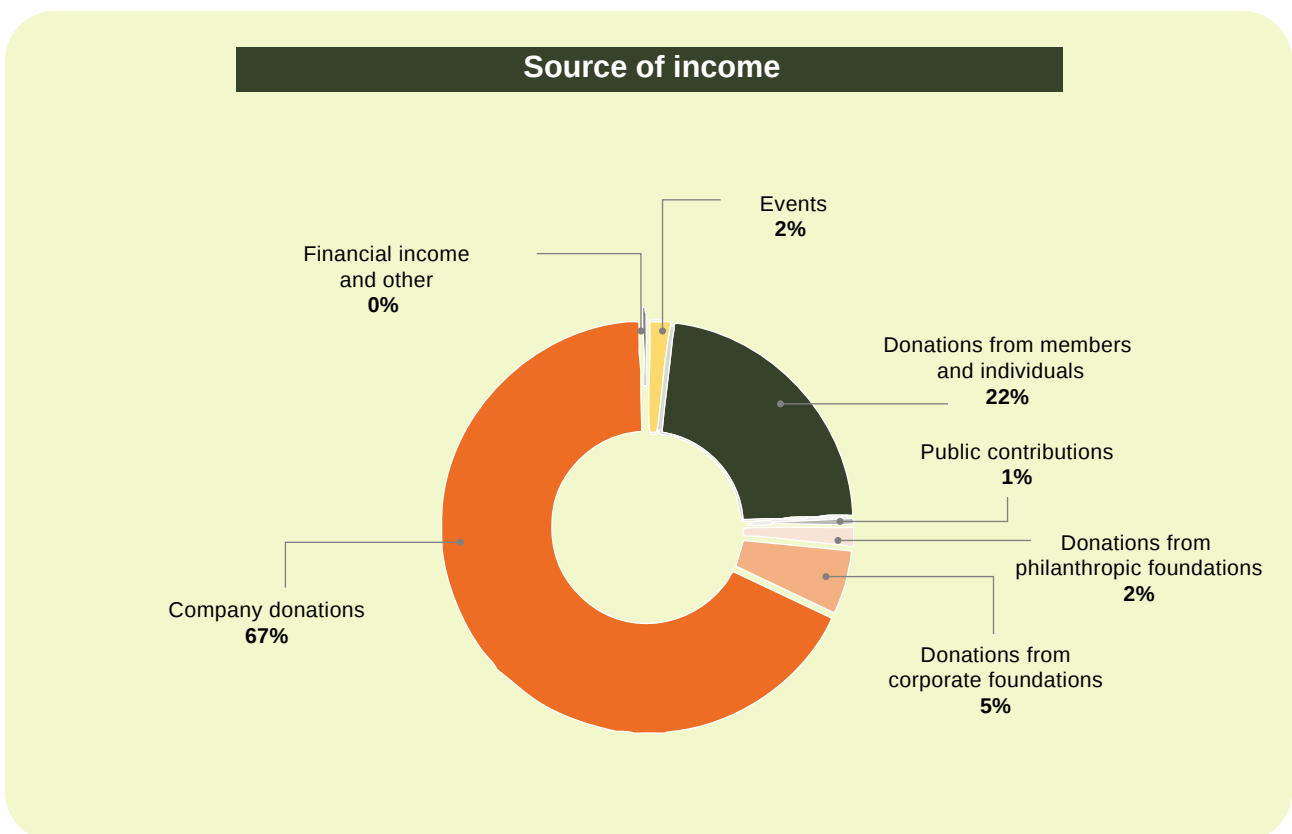
*Leyre Navarro
Mariana Navarro Grau
Marta Navarro
Charo Noguero
Mercedes Olivet
Henar Oliveri
Sofía Olmeda Medrano
Irene Ortega
Francisco Pagán
Ignacio Pastor
Luis Prieto
Alexandre Pujol
Luis Quevedo
Mamen Ramírez
Jaime Real
Pedro Requena
Enrique Revilla Sánchez
Pilar Revuelta
Merixell Riba
Borja Rodríguez Aguilar
María Rodríguez
Victoria Ros
Pamela Ross Chávez Díaz
David Sagredo
Javier Sánchez Ayuso
Beatriz Santiago
María Santiago
Miguel Ángel Sauras
Nuria Simarro
Carlos Solera
Marta Toledo Amor
Conchi Tomás
Joana Ugalde Lázaro
Mónica Vega Bayoll
Rocío Vega
Enrique Velasco
Milagros Velasco
Alban Vrignaud*

8. Transparency and Financial Information

Transparency is a cornerstone of Fundación Recover's identity. For this reason, we are sharing our Financial Statement for this fiscal year as a demonstration of accountability to those who make our work possible and trust in our mission.

8.1. Expenses and Revenue

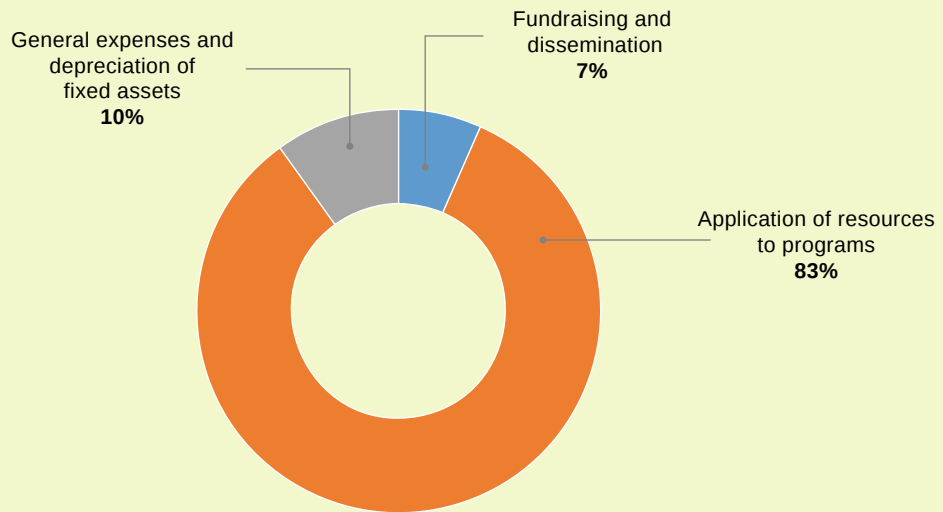
REVENUE 2025: 1.202.318€



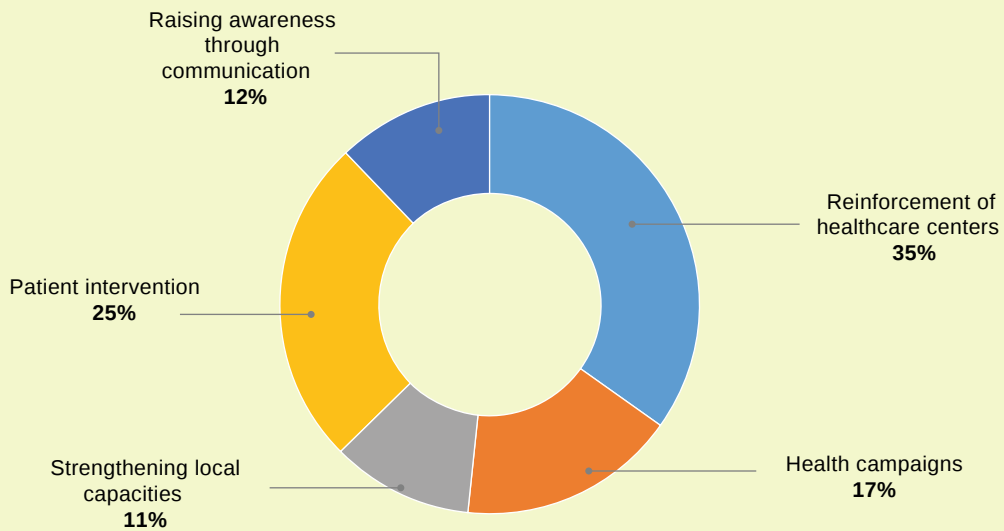
EXPENSES 2025: 1.229.333 €

In line with best practices in the nonprofit sector, and far exceeding the legal requirement, Recover allocated 83% of its funds to fulfilling its mission in 2025. That is, more than 8 out of every 10 euros went toward projects.

Distribution of expenses



Distribution of mission expenditure



8.2. Audits

In 2025, we successfully passed two audits:

- **Financial Audit** conducted by Auren, in accordance with our Internal Transparency Criteria.
- **Audit by Fundación Lealtad:** Transparency and Best Practices. We submitted all the necessary information for renewal of the “**Donate with Confidence**” seal and adapted to the new principles established by the Foundation.







Do you want to join
Fundación Recover?

BECOME A MEMBER

*With just 10 euros a month
you can contribute to **improving
healthcare in Africa.***




E-mail: recover@fundacionrecover.org

Phone number: +34 914 11 09 68 / +34 648 89 01 87

Main office address: C/ Hilarión Eslava, 27 bis,
piso 1o, oficina 7. 28015 Madrid

www.fundacionrecover.org

 [fundacionrecover](https://www.instagram.com/fundacionrecover)

 [fundacionrecover](https://www.facebook.com/fundacionrecover)

 [fundaci3n-recover-hospitales-para-3frica](https://www.linkedin.com/company/fundaci3n-recover-hospitales-para-3frica)

